

No 6 - 5th May 2022

The Cambridge Chronicle

'Growth Through Learning'



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PRINCIPAL'S REPORT

Dear parents and carers

Welcome to another term filled with loads of exciting new learning. It honestly feels amazing to see more restrictions being eased for schools, it certainly makes things easier from an organisational perspective but more importantly, it simply feels great to see the older students faces and seeing them all mixing and mingling like they did before the pandemic.

I am sure you would have noticed a change in the way we communicate the learning for the term. Each year level now has their very own mini curriculum newsletter that was posted through Compass last week. This gives our parent and carer community an overview of the learning taking place over the term, key dates specific to year levels and key contact people for teams as well. There will no longer be regular features in the newsletter unless of course teams wish to share photos of excursions or some exciting work that has taken place. We hope this reduces the amount of pages in the newsletter but more importantly, provide parents with a clear overview of the learning throughout the term.

Unfortunately, my dreams were shattered when I was advised that the senior playground would not be ready in time for term 2. However, I have been told that it should be complete by June 10th so only a few more weeks to go.

Something really exciting that will be happening this term, is the return of face to face assemblies. I am looking forward to conducting assemblies back in the big gym.

Just a few gentle reminders for term two. Please remember when you are on school grounds to always model our school values, it is what we challenge and promote with our students everyday. When parking or doing school drop offs and pick ups, always keep the safety of all students at the forefront of your thinking.

It has been a great start to the term. I cannot see what the rest of the term has in store.

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WHAT'S ON?

	TERM 2 - WEEK 2			
	Monday 2 May			
ect	Tuesday 3 May			
Respect	Wednesday 4 May			
æ	Thursday 5 May	Mother's Day stall		
		Interschool sport - Year 6		
	Friday 6 May	District Cross Country		
		Mother's Day stall (back up day)		

		TERM 2 - WEEK 3				
	NAPLAN WEEK					
	Monday 9 May					
	Tuesday 10 May					
	Wednesday 11 May					
	Thursday 12 May	2A, 2B and 2C Cambridge Reserve Excursion - 11.30am				
		2D and 2E Cambridge Reserve Excursion - 12.25pm				
	Friday 13 May	Interschool sport - Year 6				

TERM 2 - WEEK 4					
NAPLAN CATCH-UP WEEK					
Monday 16 May					
Tuesday 17 May					
Wednesday 18 May					
Thursday 19 May					
Friday 20 May	PUPIL FREE DAY				

IMPORTANT INFORMATION - TERM 2

PUPIL FREE DAYS - TERM 2

PROFESSIONAL PRACTICE DAY - Friday 20th May

Teacher Professional Practice Day's provide teachers to focus on improving delivery of high quality teaching and learning. For Term 2, 2022, the Department of Education and Training has provided schools with the opportunity to hold all teacher's allocated professional practice days on the same day.

As a result, we have scheduled our professional practice day for Friday, 20th May.

Students will therefore not be required to attend school on this day.

Out of School Hours Care will be operating. If you require care on this day, please contact our OSHC on 0475 973 325.

CURRICULUM DAY - Friday 10th June

PUBLIC HOLIDAY - Monday 13th June

PLAYGROUNDS ARE NOT TO BE USED BEFORE OR AFTERSCHOOL

Rapid antigen testing – Positive result

Parents/carers <u>MUST</u> inform the school by phone or written notification and complete the <u>COVID Test Portal</u> if a student tests positive to COVID-19 (via a PCR or rapid antigen test). The school <u>MUST</u> also be notified of any <u>household</u> <u>contacts.</u>

Please assist us in this critical time in maintaining a safe environment for all our community especially your <u>children</u> and <u>Cambridge Primary School staff</u>.

Self-resilience

WELLBEING

Growth Mindset Fortnightly Focus.

The fortnightly focus for Growth Mindset is "I can cope with challenging situations".

Most of us have different actions that we like to take to help us calm down when we feel angry, or to feel comforted when we are upset. We all need actions we can take when we are managing our strong emotions. Have a discussion with your child/ren about what you do in these situations. For example: I like to walk my dog to help me calm down when other people around me are upset or arguing. Ask your child/ren to provide a few more examples.

You could write a list together of positive 'self-calming' strategies. Here are some examples:

- □ Go for a run
- □ Read a funny story
- □ Ride a bike
- □ Play a computer game
- □ Play with friends
- **Bounce on the trampoline**
- □ Go for a swim and splash a lot
- □ Watch TV
- □ Make something
- □ Play an imaginary game
- □ Cuddle someone
- □ you love
- □ Lie on your bed
- □ Have a bath or shower
- □ Eat something delicious
- □ Listen to some music

- □ Go to the park
- □ Write about it
- □ Play sport
- □ Talk to someone
- □ Tidy your room
- □ Draw a picture
- □ Read a book
- Help your parent
- □ Ring your grandparent
- □ Play a favourite game
- □ Have a drink of water
- □ Wash your face
- □ Take some deep breaths
- □ Sing a song
- □ Pata pet

Attendance.

Families will be notified in the coming weeks of students who are at risk of being or are already chronically absent. Please remember that family holidays and other explained absence is still absence from school which impacts student learning. Congratulations to those students who received certificates for 100% attendance in Term 1.

Regular attendees Up to 10 days	Risk of chronic absence	\backslash	Chronically absent	Severely chronically absent
per year	10-19.5 days per year		20-29.5 days per year	More than 30 days per year

LUNCH CLUBS

Guardians of Nature– Gardening Club

Our Gardening Club runs every Tuesday at lunchtime and is open to all students. Over the term, we will be planting some herbs and vegetables in our existing beds. We would also like to plant some hardy plants along the edges of the classrooms.

We would appreciate any donations of gardening supplies (e.g. gloves, trowels, garden forks, cuttings, seeds, plants, etc) to help make the student's ideas come to life.

Please contact Pene Toose or the office staff if you would like to bring in some items.



Ladybug on our parsley plants



Clean up day—rubbish around the school.

Around the School

Congratulations to Both Alyxa and Arielle who were awarded 1st and 3rd placings for their annual athletics ranking. This is an annual award and points are calculated based on races taken part in 2021/2022.





SPECIALIST

Decialist News Term Welcome to Term 2. Another jam packed & fun filled

Term with the specialists. Have a look below for all the fun stuff happening in each specialist area.

Preps— Throwing/Catching/ Gymnastics

Respect

Integrity

self-resilience

<u>Grade 1&2–</u> Forehand Strike / Gymnastics

<u>Grade 3 to 6–</u> Target Game Sense / Net and Wall Game Sense <u>Grade 3 & 4–</u> Explore how and why artists use different art forms/materials and processes

Grade 5&6– view artworks of different cultures and how artists express their ideas Preps- Numbers 1-10 & Colours

<u>Grade 1–</u> Numbers 1-20 & Colours

<u>Grade 2–</u> Numbers 1-50 & Months of the Year

Grade 3– Days of the Week & Planet Association

Grade 4&5– Time & Daily Activities

<u>Grade 6–</u> How to tell the time

<u>Enrichment–</u> All about Me! **Preps**—Dance > Explore safe movement possibilities

<u>Grade 1–</u> Drama > learn about drama of Aboriginal and Torres Strait Islander people

<u>Grade 2–</u> Music > Reading music notation & basic keyboard skills

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OUR SCHOOL PARTNERS

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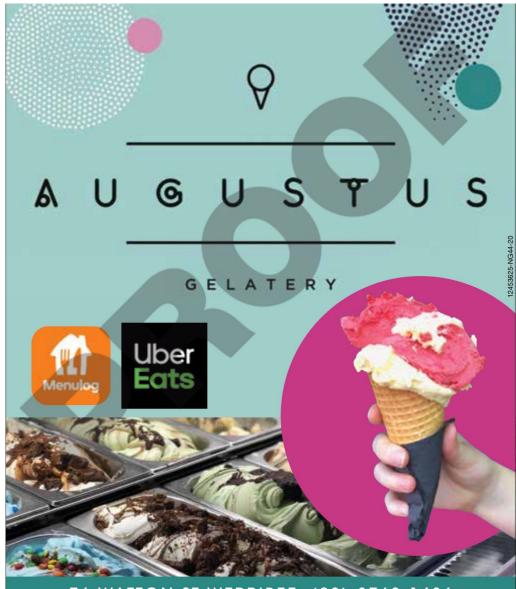
RayWhite

Looking to buy or sell your home?

Contact your local area specialist today. **Jeff Gaul** 0406 270 790 jeff.gaul@raywhite.com

For every home sold through mention of the school, Cambridge Primary School will receive a generous donation.

raywhitewerribee.com



76 WATTON ST WERRIBEE, (03) 8763 1486

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MUSIC LESSONS

Want to learn how to play an instrument? Sign up now!

CALL 0421 426 674 FOR ENQUIRIES

ENROL GENESISMUSICSCHOOL.COM.AU

Learn at your own pace and improve your skills in playing various instruments under the guidance of our expert musicians.

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The Music Bus brings music to your school

The Music Bus is the teacher, instruments, curriculum and classroom {the bus!} all in one complete package, and now it's rocking at your school!

Tuition in Keyboard, Ukulele, Guitar, Drums and Singing











BOOK

NOWI

For only \$20 a week! (\$22 for Drums)

The Music Bus offers modern and rock-style courses, using well known songs, backing tracks, games, awards and much more to truly engage with students.

"It's so great being at school. They're learning something new each week and the rapport the teacher has with the kids is wonderful." Sarah, Parent, NSW

Phone 1300 168 742 or Visit www.themusicbus.com.qu

Limited space available so be sure not to miss out.

Australian Childhood Anxiety TREATMENT STUDY

Free home-based assessment and treatment for 7 to 12 year old children with fear and anxiety disorders.

Does your child become very afraid of certain situations or objects, worry about a lot of things, get very distressed, or try to avoid things they fear?

About the study

Our team at Griffith University may be able to assist you. We are conducting a nationwide study that includes the following services at no cost to families:

- A thorough assessment of your child's anxiety with a trained psychologist via the telephone;
- Your child receiving one of two kinds of homebased treatments delivered on a PC, laptop or tablet; and
- Two follow-up telephone assessments with a trained psychologist 6- and 12-months after treatment to track your child's progress.

The study aims to find out if these two treatments are as effective as each other, and which children have the best response to each kind of treatment. This will mean that there are more evidence-based treatments available for helping anxious children.

About the treatments

Each treatment involves your child completing treatment sessions at home on a PC, laptop or tablet.

Each treatment involves your child learning practical strategies to better manage anxiety.

- One treatment helps children learn to control the focus of their attention on helpful things around them.
- The other treatment helps children learn to think differently and approach things they fear.

Each treatment includes information, telephone or email support for parents in assisting their child to better manage anxiety.

Prior studies have shown that children who complete each treatment experience significant reductions in anxiety.

Contact us

This study is being funded by the National Health and Medical Research Council and is led by Professor Allison Waters and a team of experts in childhood anxiety disorders.

For more information about our study and our team, or if you would like your child to participate, please contact us:

🔇 (07) 3735 3351

🖂 cadrp@griffith.edu.au

(III) griffith.edu.au/childhood-anxiety-treatment-study



Australian Government National Health and Medical Research Council



GU Ref No: 2019/146

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EDNGZIN TAEKMONPO

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S Popping FREE event. *Mini Lessons *Facepainting *Demostrations *Giveaways

*Exclusive offers!!

SAT May 7th 1-4pm

FREE SMALL COFFEE

for the first

50 participants

Kids, Adults , Teens and Families jeongsintaekwondo.com.au / 0400483353

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Hogans Road Reserve (Home of Hoppers Crossing FC), Hoppers Crossing

Saturdays Mornings 9:00am – 10:00am starting April 30th

Scan the **QR Code** for registration details

or Head to <u>https://play.afl/auskick</u>

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PLAYERS WANTED FOR OUR U9, U10, U12, U14, U16, U18.5 & WOMEN'S TEAMS

CONTACT ANDREA GAYLARD 0411 232 009 HOPPERSFOOTYCLUBREGISTRAR@GMAIL.COM

