



Cambridge Primary School
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PRINCIPAL'S REPORT

Dear Parents/Carers

It is hard to believe that we are already near the end of term two. It has been a truly amazing term, filled with exciting learning opportunities and challenges. It has been great to hear from a range of parents about the fantastic events and opportunities, particularly the school's 3-6 athletics day and Education week. It is wonderful to see and be able to welcome back the partnership between school and home. It has been a long time since we have been able to showcase and celebrate all achievements.

Last Thursday we had a number of students participated in the Division Cross Country. Congratulations to all students who participated and represented Cambridge Primary school with pride. We would like to congratulate the six students who have proceeded to Regionals finals. We wish them all the best. What an amazing effort.

Lots of experiences happening prior to the end of term. Melbourne Zoo', 'Airoworld', 'Circus Fit session', 'Scienceworks', and students participated in a hands on 'Brickworks' Incursion. Thank you to the staff and parent volunteers who came along to help. It has been a huge few weeks, filled with lots of experiences and fun.

The fence around our new 3-6 playground is down and we are now waiting for handover and paperwork to be signed. Once this is completed the year 3-6 students will be able to enjoy the new playground. We will stagger grades 3-6 for the first couple of weeks to ensure everyone in grade 3-6 has time on the playground. Reminder to our community that there are no siblings or students on any of our playgrounds before or after school.

R

Respect



Integrity

S

Self-resilience

M

Excellence

Our curriculum day was last Friday, staff participated in Professional learning around mathematics. We were lucky enough to have Hannah Marino who is currently a Mathematics Leader at St John XXIII Primary School in Thomastown, Melbourne. Originally from New Zealand, Hannah has taught in Melbourne Catholic Primary Schools since 2008 and has been a mathematics leader in various schools since 2010. Hannah currently works as a mathematics consultant for Mathematical Association of Victoria, supporting schools in the delivery and implementation of mathematics.

Hannah introduced staff with a number of engaging and challenging tasks that can be used in any classroom. Staff were shown how to support and extend students through the use of enabling and extension prompts. These are problems that simplify and enrich a task, allowing all students to access the task at a level that meets their learning needs.

Thank you to Michelle Meracis and the leadership team for organising this opportunity for all of our staff.

Parent Teacher interviews will be held on Thursday 23rd June via Webex. On this day students will be dismissed at 12.25pm. Out of school hours program will operate from 12.25pm. If you require this service, please ensure you make contact with them to book a place. 0475 973 325

Next term we will welcome the School Review panel which consists of an external reviewer two Principals, our school council President and the department's senior education improvement leader. The panel will spend a total of five days on campus, with three of those days used to observe in classrooms, speak with teachers about their practice, and speak with students about their learning. The school review process will provide direction for the future. It is an exciting time.

The end of term is fast approaching. Please remember that school finishes at 1.45pm on Friday 24th June.

I want to wish all our Cambridge students and our staff, a wonderful and well-deserved holiday break. If you are traveling abroad or to another state, have a great time and stay safe.

Have a wonderful break.

WHAT'S ON?

TERM 2 - WEEK 8

Thursday 16 June	YEAR 1 - Brickworks Incursion
Friday 17 June	

TERM 2 - WEEK 9

Monday 20 June	
Tuesday 21 June	
Wednesday 22 June	Chess Championships Bookings close for Parent/Teacher Interviews - 3pm
Thursday 23 June	Parent/Teacher Interviews (via WEBEX) Students dismissed at 12:25pm (OSHC OPEN)
Friday 24 June	END OF TERM 2 - 1:45pm finish

TERM 3 - WEEK 1

Prep - Henny Penny: Chick Hatching Incursion

Monday 11 July	First day of Term 3
Tuesday 12 July	
Wednesday 13 July	
Thursday 14 July	
Friday 15 July	

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PRINCIPAL AWARDS



Congratulations to the following students:

TERM 2 - WEEK 7	
<p>Zahra Shirzad</p> <p>Prep C</p>	<p>Zahra has settled into Cambridge and the classroom very well. She has given everything a great go and really shown excellence with everything she does. Zahra has come such a long way with her learning, and I am super proud of her. Keep up the great work.</p>
<p>Tilly Hendricks</p> <p>Prep D</p>	<p>Tilly, we are thrilled to award you the Principal Award for our class Prep D! We like the way you are always polite, kind, and caring. You are always ready to help your classmates and teachers. We also admire your amazing enthusiasm for your learning and how you always try your best, even with new and challenging things. You are a very special little person, and we love having you as part of our class. Congratulations, Tilly, you truly show all our School Values here at school both in and out of the classroom. Well done, Tilly!</p>
<p>Eefa Shafraz</p> <p>1A</p>	<p>Eefa has worked extremely hard in her information report writing this term. She has shared interesting facts in our class discussions and used her prior knowledge and research to write great facts about various topics. Eefa always demonstrates our school value of excellence by taking pride in her work and taking care to present her writing with neat handwriting and lovely illustrations. Keep up the fantastic work Eefa.</p>
<p>Anaya Abdul Ahad</p> <p>1E</p>	<p>Anaya is a quiet achiever who works consistently hard every day. Anaya has shown great dedication and growth in reading and writing. Importantly, Anaya always demonstrates positive behaviours such as listening, being friendly to others and playing well at all times. Anaya is a wonderful student and friend to others</p>
<p>Julie Duong</p> <p>2D</p>	<p>Julie is a positive and enthusiastic member of 2D. She constantly asks questions, applies herself to all tasks and takes on all feedback given to ensure she improves her learning. Well done, Julie, I am very proud of you!</p>
<p>Anhad Takkar</p> <p>2E</p>	<p>Determined, persistent and resilient are the best ways to describe Anhad. Anhad responds well to teacher feedback and strives to work towards his learning goals. He always participates in our class activities with enthusiasm and eager to help his classmates and teachers. I have appreciated his creative thinking strategies when solving problems. You are making excellent progress and I hope you keep it up, Anhad!</p>

SHOP FOR YOUR SCHOOL



Support your local school for their chance to WIN in a share of \$30,000!

Plus, you'll go into the draw to win weekly prizes including a month of groceries, gym memberships and gift cards to thank you for your support.

STEP 1

- Spend at fresh food stores and supermarkets at Pacific Werribee.

STEP 2

- Scan the Shop for your School QR codes in-centre or click here to upload receipts, enter your details and nominate your school.

Every dollar you spend earns points towards your schools tally. The more you enter, the more chances to win!

Weekly prizes below, with six of each to be won:

- A month's worth of groceries voucher, valued at \$400
- Monthly Senior All Star membership to Invicta Performance Athlete Wellness Hub and a \$50 Pacific Werribee Gift Card.
- \$100 Pacific Werribee Gift Cards.
- \$50 Pacific Werribee Gift Cards.
- \$100 Pacific Werribee retailer gift cards from select sports stores.

[Click here](#) to read terms and conditions.

SHOP FOR YOUR SCHOOL - LEADERBOARD (as of 15/06)

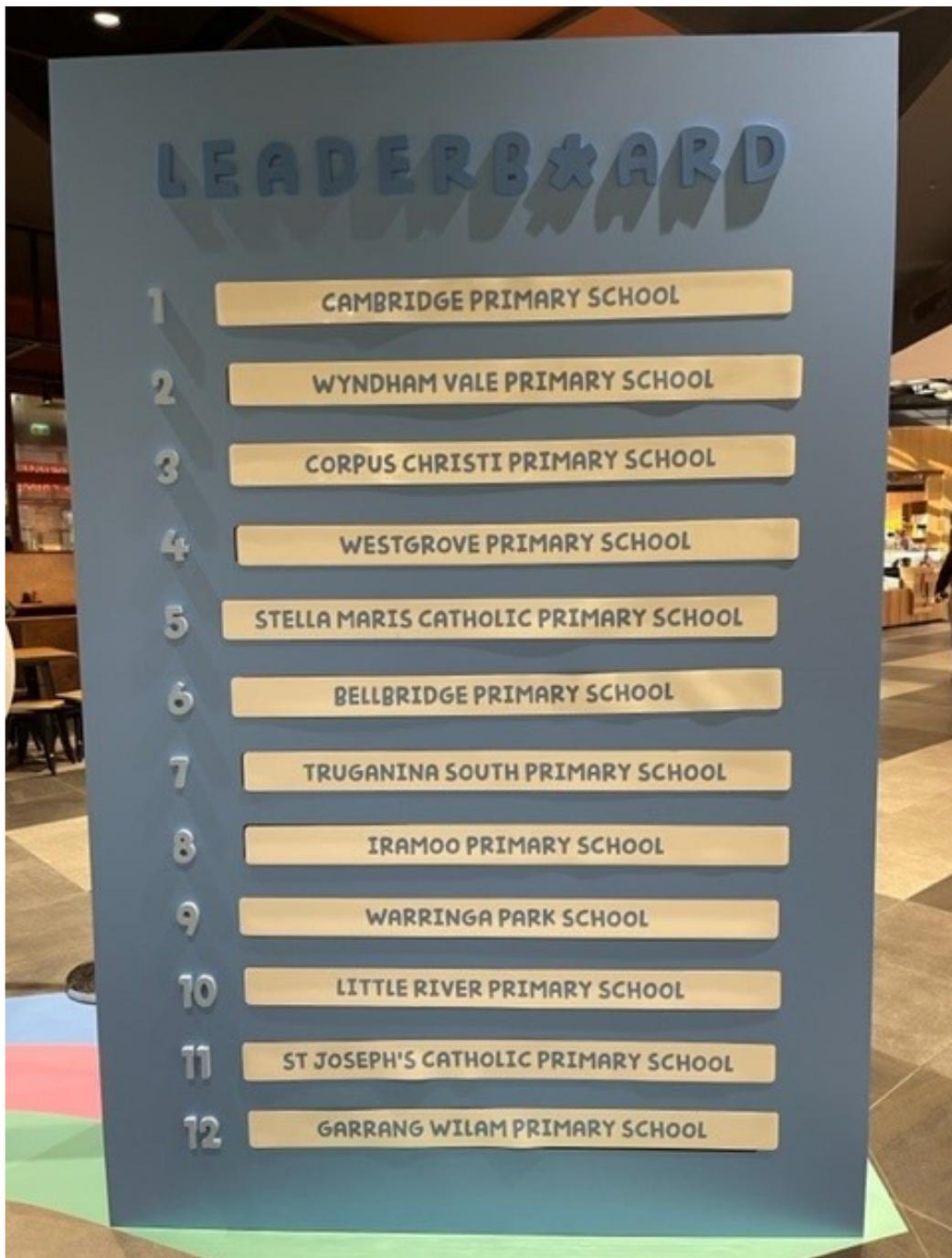
Thanks to our amazing families at Cambridge P.S we are **FIRST** on the leaderboard. Keep up the great work!

PRIZES TO BE WON BY SCHOOLS:

1st prize - \$15,000

2nd prize - \$10,000

3rd prize - \$5,000



Parent/Teacher Interviews

REPORTS WILL BE AVAILABLE TO FAMILIES MONDAY
20TH JUNE 3.30PM VIA COMPASS.

PARENT TEACHER INTERVIEWS WILL BE RUNNING
REMOTELY (VIA WEBEX) THURSDAY 23RD JUNE 2022.
STUDENTS WILL BE DISMISSED AT 12:25PM

BOOKING A TIME TO MEET WITH A TEACHER WILL
STILL OCCUR VIA THE COMPASS PLATFORM,
HOWEVER THE ONLY OPTION IS FOR A WEBEX
MEETING. THE INSTRUCTIONS FOR SIGN-UP WILL BE
SENT OUT FRIDAY 10TH JUNE.

BOOKINGS OPEN MONDAY 13TH JUNE 9AM AND
CLOSE WEDNESDAY 22ND JUNE 3PM.

IMPORTANT DATES TO REMEMBER

PARENT/TEACHER INTERVIEWS - Thursday 23rd June (12:25pm FINISH FOR STUDENTS)

TERM 2 ENDS - Friday 24th June (1:45pm FINISH FOR STUDENTS)

PLAYGROUNDS ARE NOT TO BE USED BEFORE OR AFTERSCHOOL **2023 PREP ENROLMENTS**

2023 Prep enrolments opened on Monday 23rd May.
Please visit the school office to collect an enrolment form.

The earlier you can get your prep enrolment finalised, the better!

UNSAFE DRIVING/PARKING AROUND THE SCHOOL

There have been a number of complaints from our crossing wardens regarding unsafe driving and parking by parents. The Wyndham Council and Police have been contacted and they intend to be in the area at various times to take photos of offending vehicles. Please ensure you follow the road rules and always consider everyone's safety, as well as your own.

R

Respect

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Integrity

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M

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SCHOOL UNIFORM

This Week's Uniform Focus will be on correct footwear and accessories. Students must be in black shoes. Accessories in hair, on legs or arms must be in navy blue or white.

Winter Uniform

Navy unisex track pants/trousers with navy jumper, navy polo shirt, white, black or navy socks. Navy beanie, navy scarf (no other logos).

Coat – plain block colours, blue preferred.

Cambridge checked pinafore or tunic with navy blue tights.

Footwear

- Black school shoes or black sports shoes. Flat heels and closed toe for safety reasons.

Accessories

- Sunglasses - eye protection is encouraged under our Sun Smart Policy
- Jewellery - watches, earrings (stud or sleepers only for safety reasons)
- Body piercing - not permitted
- Make-up - all make-up including nail polish and false nails is not permitted.
- Head wear and leggings - all head wear/leggings worn for religious reasons must be navy.

Hair

- Hair that is past shoulders should be tied back for health and safety reasons
- Hair ties/ribbons/head bands/scrunchies are to be navy blue or white only. Plain clips, combs and bobby pins are acceptable
- Hair style should not impede the wearing of the school hat.
- Hair should be natural coloured.

Care of Uniform

- Uniforms should be well maintained and in a clean and neat manner.
- Modifications “based on trend”, graffiti and logos are unacceptable.
- The school’s sports top supplied by the school is compulsory for children representing the

Rapid Antigen Tests (R.A.T)

Dear parents, carers and guardians

I am writing to let you know about changes to the provision of Rapid Antigen Tests (RATs) in our school for the remainder of Term 2.

RATs will continue to be distributed to you as they have been throughout this school year for the remainder of this term.

However, from Monday 23 May 2022, students will no longer be recommended to undertake either twice weekly RATs in mainstream schools or 5 days a week in specialist schools.

As Cambridge Primary School has a large number of Positive COVID case currently, we would encourage our families to continue to test twice weekly.

RATs however will continue to be required by students who are household contacts to attend school (5 negative tests over a 7 day period) or who have symptoms.

The ongoing supply of RATs to families in our school will ensure that parents and carers will have them should they need them if their child is a household contact or has symptoms.

Families must continue to notify the Department of Health and the school if their child returns a positive RAT result. Additionally, you should inform us if any of your children are household contacts.

Thank you also to all families who has got their child vaccinated. Vaccination continues to remain the best way to protect students and staff in our school.

Getting vaccinated is easy and bookings can be done via the coronavirus website. If you have any questions about the vaccines, I encourage you to speak to your GP or a health practitioner.

Thank you again for your ongoing cooperation and support during this time.

POSITIVE CASES OR HOUSE HOLD CONTACTS

If you are positive you MUST isolate for 7 days.

You MUST contact the school for all Household contacts & Positive cases – (Parents are asked to email the school on cambridge.ps@education.vic.gov.au to advise the school of positive and household contacts after any telephone communications).

ALL close contacts can attend school but, MUST wear a MASK & RAT Test everyday.

Parents are to register all COVID positive cases through Students COVID-19 Test portal <https://covidtest.educationapps.vic.gov.au/s/login/SelfRegister?startURL=%2Fs%2F>

Growth Mindset Holiday Activity for Families.

Take turns going around the room with each family member listing one thing they are thankful for. See how many times you can go around.

How does focusing on what you are thankful for make you feel?

How does it make you feel to be around someone who is always complaining?

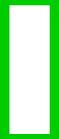
What can you do as a family and as an individual to focus more on what you appreciate and less on your complaints?



Attendance

R

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Late arrivals Term 2

School starts promptly at 8.45am. The school gates open at 8.35am with daily instruction starting at 8.45am. When a student is late, they miss the important information about the day and the beginning of the first session's instruction, social interaction with their friends and they may feel anxious or embarrassed about often coming in late.

In the last month, we have had:

Prep - 17 students late 44 times

Year 1 - 27 students late 76 times

Year 2 - 33 students late 83 times

Year 3 - 37 students late 90 times

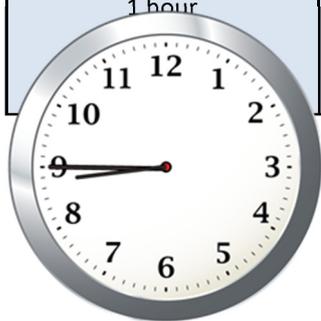
Year 4 - 45 students late 130 times

Year 5 - 28 students late 86 times

Year 6 - 12 students late 33 times

EVERY MINUTE COUNTS!

When your child misses just:	that equals...	which is...	Therefore, from Prep to Year 12, that is....
10 minutes	50 minutes of learning a week	Nearly 1 and a ½ weeks per year	Nearly ½ a year of school
20 minutes	1 hour and 40 minutes of learning a week	Nearly 2 and a ½ weeks per year	Nearly a year of school
30 minutes	½ day of learning a week	4 weeks per year	Nearly 1 and a ½ years of school
1 hour	1 whole day of learning a week	8 weeks per year or nearly a term per year	Over 2 and a ½ years of school



**SCHOOL STARTS AT
8.45AM!**

DON'T BE LATE!!

Your child's best learning time is at the beginning of the day...



Come and join us for toast, cereal,
and hot chocolate and see
the Grand Final Trophy!



Division cross country

On 2nd of June, 11 students from Cambridge participated at the division cross country at President Park. Everyone did a fantastic job. 6 students have qualified for the Western Metropolitan Region Cross Country Championships. The 6 students are: Alyxa Soo, Emily Paul, Nina McArthur, Wyatt Romano, Savinu Liyanage and Jowan Ong.

By Alyxa and Meagan



Every Tuesday the year 6's have been doing students vs teachers dodgeball. This club has been run by year 6 class captains, 6A: Zarah, Martina, Shrayan. 6B: Salim, Vanishika. 6C: Jarvis, Mehek. 6D: Nishka, Claire and Neja. Meagan from 6C says: It has been so fun playing and throwing balls, it's just really fun and I would recommend everybody to join, when you have the chance! Lisiarte from 6B says: It's fun how the teachers get involved playing dodgeball



AIROWORLD

On Thursday, the 2nd of June, grade 3 students went by bus on an excursion to Airoworld Trampoline Park.

We asked the following students what they enjoyed most, their favourite part of the excursion as well as what they feel could have been improved.

Below are some feedback and quotes about their experiences at the excursion.

- Aria, 3A: "I liked jumping onto the foam pit. Maybe the cactus slide... is a little too dangerous, and when you jump on to it, it's scary."
- Logan, 3B: Logan said that he enjoyed playing with my friends and landing frontflips. But he wished that they had more time.
- Shlok, 3B: Shlok said that his favourite part was jumping in the foam pit, but he thought that there was nothing to improve on.
- Natalie, 3C: Natalie said, "I liked the whole day. My favourite part was when me and my friends went down the slides and went on our backs."

When we asked what improvements could have been made, she replied, "make the day longer."

- Grace, 3C: Grace said "I like how there were trampolines we jumped on and really cool inflatables and there was this soccer pitch that nearly all the boys played on." She also mentioned how making the day longer would have been nicer.
- Saaz, 3D: Saaz said that she enjoyed jumping into foam pits with the green tubes below. She also brought up that she liked the free food.
- Aala, 3E: Aala said, "I liked jumping!"
- Ivy, 3E: Ivy said, "I enjoyed that cactus slide and when you go down the slide. Having no socks and going down the down-pit was really fun."
- Omar, 3E: Omar said that his favourite parts were the trampolines and the inflatables. He added that the experience could have been better in terms of safety, as he saw lots of kids getting hurt.

Overall, most of the grade 3s enjoyed the fun trip, at least there were no serious injuries.

GRADE 4 CIRCUS

FIT



On June 6th and 7th the year fours went to Circus Fit. Here we did trapeze and silks as our main activities. On the trapeze we went upside down, did thr mermaid pose and spun around. On the silks we did the rain drop, the box and lean forwards and backwards. They also taught us the Arco Game and hoops. Then after we played some fun games as a class like Rock, Paper, Scissors jump hoop and get the hoop from one end of a line to the other, while holding hands. Sadly it was over too quick and it was time to go. We all had an amazing time!



R

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Integrity



Self-resilience



Excellence

Hello Community,

Our leadership group of JSC and School Captains continue to meet each week. This week we discussed our newsletter articles, student participation in lunch clubs and assemblies being live streamed via Facebook. More to come about these next term! Our weekly meetings next term will be run with a set agenda and chaired by a school captain and JSC representative. We want the topic of student voice and agency increased and hope this helps us start. We also discussed having student representatives from our prep to year two classes attend our meetings. We look forward to making this happen. Thanks for reading.

Cambridge Leaders

School & Vice Captains and JSC members:

Meagan, Senara, Ellie, Yashas, Lisiate, Abdul, Lilly, Kelly, Kunssh, Lucy, Emily, Tyrone, Kyra, Alyxa & Hannah.

The Missing Cub

By Melissa N, 2B

Playing with Lion Mum's tail was Louis the little Lion Cub. He was getting ready for the day he could go hunting for himself. Lion Dad suggested that Louis needed to wait until he was five.

Louis likes to try and catch small creatures. So on the hot and dry ground of Africa one day a small creature crept out of its home trying to not be seen by Louis. Louis saw the small creature and followed it. The creature ran anxiously as fast as it could. As Louis followed it, the further he was from his parents!

Soon the beautiful sunset came which meant the sky would become dark and starry. However, Louis only realised as the sun was about to disappear. His eyes soon filled up with water of misery.

A while later he stopped weeping and searched for his home. Soon he figured out he had just wandered around in a circle. Suddenly, a huge gush of fear struck him. Just then he started shaking from the top of his head to the bottom of his feet.

Three hours later, the moon was out and brave Louis set off to find some fire flies for some light. As he was looking for them he fell into a deep, dark hole. Louis wailed a thousand times for help as loud as he could. Despite all that wailing nobody heard him because they were fast asleep.

Louis had been stuck in the hole for two days now! He wasn't thirsty but he was hungry. The reason why he wasn't thirsty was because he drank rain drops. A few minutes later Louis saw his parents above him. They looked relieved and horrified.

Louis's parents looked around to find some things that could be useful. In the distance they saw a rope and sticks. They took them and were able to make a ladder. Once it was finished they threw it down for Louis to climb.

As soon as he got out of the deep, dark hole he threw his paws around his parents really tight.

The End.



REGIONAL CROSS COUNTRY

A huge congratulations to the students that represented Cambridge, and the Wyndham Division, at Regional Cross Country today. What a fantastic achievement. We are so proud of your efforts!

The students had to battle against the cold weather and rain, but they all did an amazing job and represented Cambridge Primary School with pride.



A massive congratulations to Alyxa Soo, who came 8th in her race! As a result of her fantastic efforts, Alyxa will be progressing onto the State Championships!





CANTEEN NEWS

Mac and cheese is out of stock at the moment due to supplier issues

There will be a price rise on some items due to suppliers raising their prices. Please check the canteen price list & Flexischools for up to date pricing. This will come into affect Term 3 onwards.

Last day for lunch orders for term 2 is **Wednesday 22nd June**

The canteen will be open on the first day back in term which is **Monday 11th July.**

TO PLACE A LUNCH ORDER:

1. Brown paper bag with their **NAME, CLASS & MONEY EN-CLOSED**

Example -

JASMINE

6A

Hotdog sauce

Popcorn

Slushy

2. Through Flexischools - www.flexischools.com.au

Dear parents/Carers,

As we are approaching the end of term 2 please remember to put your vacation care forms in by the 20/6/22 as places after this date will not be guaranteed.

During this term we have started a Promoting Positive Behaviour raffle. Children receive tickets for displaying positive behaviour, this could be helping put chairs away, showing kindness, respect, caring or any of our school values. Three tickets are drawn each Monday, the names drawn receive a \$1 voucher for the canteen and all other names in the raffle box are displayed on our Promoting Positive Behaviour poster.

Many of the children have built amazing creations using our H blocks and Mobilo blocks, we have many engineers in the making.

Many of our children are involved in our footy tipping competition. They are doing an amazing job remembering to put their tips in each week and helping to update the ladder. Each week we have a top tipper that receives a \$1 canteen voucher.

REMINDERS:

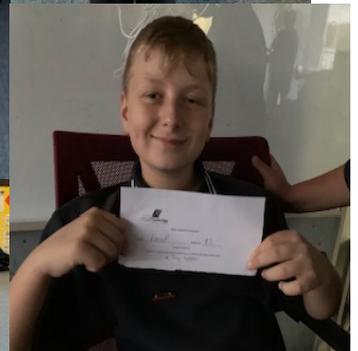
Please don't forget to notify us if your child is attending a casual day or for any non attendance.

Please send us your recipes!

We are still wanting to create our OSHC recipe book.

Vacation care forms due in by 20/06/22

OSHC Team



OUR SCHOOL PARTNERS

R

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Looking to buy or sell your home?

Contact your local area specialist today.

Jeff Gaul
0406 270 790
jeff.gaul@raywhite.com

For every home sold through mention of the school, Cambridge Primary School will receive a generous donation.

raywhitewerribee.com

AUGUSTUS
GELATERY

MenuLog Uber Eats

12453625-NG44-20

76 WATTON ST WERRIBEE, (03) 8763 1486



Wyndham Brickfest 2022 is a Lego fan event being held on **25 and 26 June** at **Hoppers Crossing Secondary College**.

We would like to encourage your students to participate by building a model to show at our event.

Details about Wyndham Brickfest:

- Entry into our competition is free,
- Competitions are separated into age categories:
 - 12 and under
 - 17 and under
 - Adult/Open
 - Large Display/Open,
- So every person can participate, we limit the first three competitions to fitting on a 32X32 lug baseplate. (It's not how much Lego you have, it is how it is used),
- Larger models and collections can enter the Large Display category,
- Prizes will be announced shortly but there is a people's choice and committees prize for each category &
- The most important thing is for those participating to have fun.

Wyndham Brickfest aims to raise funds for the Paediatric Ward at Werribee Mercy Hospital with all of the takings from ticket sales going to the Mercy Health Foundation.

Wyndham Brickfest Incorporated has a great volunteer committee who work toward delivering funding for health outcomes for children in the City of Wyndham.

Lego provides a great outlet for creativity while teaching mechanisms, structures and in more advanced sets computer programming.

If students just want to come and have a look, tickets are \$5 each, \$18 for a Family Ticket (2 adults and 2 children or 1 adult and 3 children) and \$2 per extra child on a Family Ticket.

We will have former Lego Masters contestant Kale Frost and Lego Masters Season 3 Winner David Velasquez attending throughout the weekend.

There will also be further activities like a quick build competition, a brick pit, a minifig swap-meet, Lego sales and robotic soccer.

More information about Wyndham Brickfest can be found at: www.wyndhambrickfest.com.au

We can also be contacted at: wyndhambrickfest@gmail.com



After a very successful Easter Activity Holidays program our next program is now organised and ready to share! There are over 50 FREE sessions which children can register to attend over the Winter school holidays. Please can I ask you to include the below in your communications to families and community. Feel free to use the text below, I have attached two images which can be used.

Looking for something for the kids to do these holidays? Wyndham City Council’s Active Holidays program offers FREE activity sessions for kids and young people. From Gymnastics to Self Defence, Football to Hockey, Table Tennis, Netball and more there’s lots for kids to join in these holidays. See the program and take a note of the different booking opening dates for each week’s activities at www.wyndham.vic.gov.au/activeholidays .

Why not try something new these holidays?



PARENT INFORMATION

What is bullying?

Bullying is when an individual or group uses its power and strength to repeatedly, deliberately and intentionally use words or actions against another or a group that hurts, threatens, excludes, harasses, humiliates verbally, physically, psychologically or electronically making the victim feel oppressed, traumatized and powerless.

What is cyberbullying?

Sending abusive texts, stalking, making threats, abusive emails, posting unkind messages or inappropriate images on sites, intimidating and deliberately excluding others online.

What bullying is not

- Disliking someone.
- Bad moods/ arguments/ being “bossy”.
- Accidental or once off incidents physical harm.
- Telling a joke about someone once.
- Not playing with someone or choosing different people/ groups to play with.

Traditional Bullying

VS

Cyberbullying

- Face to face.
- Can find a safe space or escape.
- Limited to onlookers.
- Bully can be identified.
- Can see facial and body reaction of target and onlookers.

- 24 hours a day, 7 days a week, 365 days a year.
- No safe space- hard to escape.
- Shared by a wide audience, can go viral in a matter of seconds.
- Bully can be anonymous.
- Harder to empathize with the target.
- No geographical limitations.
- The target can easily become the bully.

Cyberbullying

As a parent learn the language, play the games, research the apps they use, role model positive behaviour but don't ban devices.

Encourage your children to:

Be critical thinkers.
Have empathy for others.
Respect themselves and those around them.
Take responsibility for their actions.

Be resilient.
Remove technology from the bedroom.
Talk about being safe online.

HELP AND RESOURCES

If you are experiencing violence or threats of violence, immediately report the incident to police.

All emergency and life-threatening incidents call **TRIPLE ZERO 000**

The Office of the eSafety Commissioner

1800 880 176
www.esafety.gov.au

Kids Helpline

1800 551 800
www.kidshelpline.com.au

Lifeline

13 11 14
www.lifeline.org.au

eHeadspace

1800 650 890
www.eheadspace.org.au

Beyondblue

1300 224 636
www.beyondblue.org.au

Lawstuff

www.lawstuff.org.au

BULLY ZERO™

www.bullyzero.org.au

Bullying. No Way!

www.bullyingnoway.gov.au

Think U Know

www.thinkuknow.org.au

Common Sense Media

www.common sense media.org

PARENTAL CONTROLS

Internet service providers e.g. Telstra, Optus, Dodo, TPG

Family Zone

www.familyzone.com/au

Net Nanny

www.netnanny.com

OurPact (free app)

www.ourpact.com

Life360 (free app)

www.life360.com

Want to make an impact? Support BULLY ZERO™ by sponsoring our education programs across Australia, visit our website for more information.

[03] 9094 3718 - www.bullyzero.org.au

SEPTEMBER 2018





IGNITE A PASSION FOR THE GAME!



Hogans Road Reserve (Home of Hoppers Crossing FC), Hoppers Crossing

Saturdays Mornings 9:00am – 10:00am starting April 30th



Scan the [QR Code](#) for registration details

or

Head to <https://play.afl/auskick>

R

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Integrity

S

Self-resilience

M

Excellence



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PLAYERS WANTED FOR OUR U9, U10, U12, U14, U16, U18.5 & WOMEN'S TEAMS

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