



Cambridge Primary School 'Growth through learning'

Respect-Integrity-Self resilience -Excellence.

MESSAGE FROM THE PRINCIPAL

Jane Budd

What a busy couple of weeks it has been! We had 36 students represent Cambridge at the annual district carnival at Werribee Pool. It was wonderful to see our parent community rally behind this event. A huge thank you to all the parents who attended to offer their support or volunteered to assist on the day. The sense of community spirit was truly inspiring.

We hosted our Meet & Greet this week, where families were invited to schedule a time to meet their child's/ren teacher(s) and establish open lines of communication about your child/ren's education We extend our gratitude to all families who were able to join us for this session.

We had our first school council meeting for 2024, during which I had the opportunity to present our Annual Implementation Plan for 2024. I outlined to school council our goals that have set in improving students learning outcomes in literacy and numeracy for all students, as well as our focus on promoting overall wellbeing.

A big thank you to our year 2 families who participated in the open classroom session and had the chance to hear about their children's learning so far. It was wonderful to see our parents engaging in activities that were explained by our students which was wonderful.

Congratulations to the 8 students who proudly represented Cambridge on Wednesday for the District swimming carnival at Werribee pool. We had several of our students securing first, third fourth & fifth, places throughout the day. I am immensely proud of how these students represented our school and showed sportsmanship throughout the event. We have one student who will now go onto Regional Swimming Carnival in Geelong over the coming weeks.

As some of our families prepare to attend MOOMBA over this long weekend. I'd like to remind everyone to keep an eye out for Bridget's ladybug puppet, which has been specially created for this year's MOOMBA parade. I hope Bridget and her family have a fantastic time as special guests at MOOMBA this year.



I wish you all a wonderful long weekend!

IMPORTANT DATES – Term one 2024	
Monday February 19 - Friday February 23	Year 5 swimming
Friday February 23	Grade 6 Interschool Sport
Monday February 26	District Swimming Carnival
Friday March 1	Grade 6 Interschool Sport
Friday March 1	Assembly Big Gym 2:30pm
Tuesday March 5	Meet & Greet (student finish @12.25pm)
Wednesday March 6	SSVWD Swimming Carnival
Friday March 8	Grade 6 Interschool Sport
Friday March 8	Breakfast Club Gym Foyer from 8:15am
Monday March 11	Labour Day – Public Holiday
Wednesday March 13	Grade 2 Walking excursion
Wednesday March 13-25	NAPLAN
Thursday March 14	Whole School Photos
Friday March 15	Grade 6 Interschool Sport - BYE
Monday March 18	Fathering Project Event 3.15pm-5pm
Wednesday March 20	Cambridge Cross country
Friday March 22	Assembly Big Gym 2:30pm
Thursday March 28	Breakfast Club Gym Foyer from 8:15am
Thursday March 28	Prep Easter Hat Parade 12pm – 1:30pm
Thursday March 28	Last Day Term 1, 2024 (1.45pm)
Friday March 29	Good Friday – Public Holiday
IMPORTANT DATES – Term two 2024	
Monday April 15	First day Term 2

SCHOOL PHOTOS

School photo day is coming up next Thursday 14th March.

The Junior School Councillors will be helping on photo day to ensure we manage to get through all of the grades and capture everyone looking their best. Here is the JSC modelling how to pose (and how not to pose) for school photos – see if you can work out which is which.



THE FATHERING PROJECT

Thank you to our families who have already signed up for our Bangers & Bingo session with ‘The Fathering Project team’. We highly encourage all families to participate in this event. Keep an eye out for posters around the school containing the QR code for registration. If you have any questions or need further information, please don’t hesitate to contact Daniel Mutton.

2024 SCHOOL CAPTAINS



For the past 6 weeks, the school captains have been focusing on some important topics and problems, such as vandalism, and broken school property. Rithvik and I along with JSC are looking forward to changing and talking to students to see hear their opinions. We hope to see more students contributing to the school wellbeing.

2024 SPORT CAPTAINS

CARRUTHERS



Hi, I'm Kobe on the left and Mitch on the right. We are Carruthers house captains for 2024. We are super excited for helping you and future school events. We hope to see you around the school and wish you all the best for the year.

WESTMILL



Hi, we are your Westmill House Captains for 2024. Our names are Krishika & Rafan. What we hope to bring this year is setting up fun activities for students such as teacher vs student competitions.

DOWLING



My name is Kaiden, and my name is James. We are house captains for Dowling. We are excited to help set up things for you guys this year, such as: interschool sports and various other activities. We hope we can make this the greatest last year of primary school!

BARBER



Hi, we are the 2024 Barber House Captains. I'm Sameeha and this is Kevin. We are looking forward to seeing you at lunch clubs and help make a good year.

2024 DISTRICT CARNIVAL



CURRICULUM NEWS

What's going on around the school: Prep – Foundation

Our Preps have now been at school for 26 days and haven't they been busy! Over the past 6 weeks, all of our preps have completed their prep interviews.

In class they have been using unifix to build 'Number Cities', practicing writing their name and participating in language experiences. Language experiences are opportunities for our students to investigate letters and sounds through the different senses. Some of my experiences have been, making *Noodle Necklaces*, *Petting Pet Pilea*, being letter detectives and so much more!

Our prep teachers are continually updating their displays so please make sure you stop by and have a look.



NAPLAN ONLINE 2024

Next week will see the start of our NAPLAN testing period, testing will run between the 13th of March - and the 26th of March. The tests must be completed in the following order; Writing, Reading, Conventions of Language, Numeracy. The testing schedule is:

13th March: Writing

14th March: Reading

15th March: Conventions of Language

18th March: Numeracy

If your student is away and misses a test, they will sit a catchup test during the testing period. This means that they may be completing a different test to their peers, to ensure the order of testing. Please note that there is **no catch-up test for Writing**, if your child is away on the day of the writing test, they will not be able to make up that test. This is a directive of VCAA.

All students will need:

- working headphones
- NAP app
- all parent restrictions removed

Jess Green – Assistant Principal

GRADE 4

Our Grade 4 students have been hard at work exploring the concept of 'community' and putting their knowledge into action. Students are beginning to establish their very own Cambridge Community Clubs, and the results so far have been amazing!

Our students have poured their creativity into creating clubs that foster a strong sense of belonging and togetherness. From basketball to crafting, cricket to Pokémon, there's something for everyone in these clubs.

The school community has been extremely supportive towards our young leaders as they build a sense of inclusion.

WELLBEING AND INCLUSION

SEL Parent Session

Firstly, a big thank you to those parents and families who joined us online for a discussion around Social Emotional Learning (SEL) and the steps we are taking to teach and support students with the wellbeing and emotional needs.

Wellbeing at school

The last few weeks of term 1 are going to be very busy with a wide range of activities and events taking place including:

- Opening our CritterCoin shop to all students – Thursday 7th and Friday 8th March
- National Day of Action Against Bullying and Violence – Friday 15th March
- Harmony Day – Thursday 21st March

In addition to this, our prep students will have some sessions with Ella our Therapy Dog while at the other end of the school, our Junior School Councillors will continue to implement student ideas of how we can spend our Subway Fundraising money to make improvements around the school.

Wellbeing Resources

Please make sure to read our Wellbeing and Inclusion tips at the back of the newsletter for more ideas around how to support your students both at school and at home.

AT HOME TIPS

to support your child

DEALING WITH AFTERSCHOOL MELTDOWNS

If you are finding yourself trying to cope with after-school meltdowns from your child, know you are not alone! This is really common for children of all ages. The reasons can be varied. Maybe your child has had enough of sitting down for most of the day and needs to let off steam, they had a disagreement with a friend at lunchtime and don't feel like it's been resolved or maybe they are simply 'hangry' (this could go alongside either of the above, too). Regardless of the cause, there are things you can do to help manage the meltdowns and make the transition from the school to home a little smoother.

Have a healthy snack ready and waiting for the journey home - bananas are ideal but anything that is going to give them a boost of energy and keep them going until their evening meal will be good. Avoid sugary treats at this time - they provide a temporary energy fix but often come with a bigger crash later, which could actually cause its own meltdown.

Don't forget the water! Even if your child has a water bottle at school, you can't guarantee they will even touch it during the day. Sometimes, a fresh bottle of water simply handed to them quietly will make your child take a big, healthy drink, without them even really realising they've accepted it!

Try not to bombard your child with questions. Instead, greet them with a smile and a hug and let them steer the conversation. If they want to tell you something, they will. If they would rather moom along quietly, likewise.

sh	h	l	e	t	s

Some children really thrive on structure and need this to continue once they get home from school. You could try having a semi-set routine that you do every day when you get in - whether that's flopping for half an hour's downtime, or going straight to get changed out of their uniform - it can really help children to have a little plan in their minds for what is going to happen next.

Similarly, some children will prefer to get their homework, reading books, times table practice, etc. out of the way as soon as they get in. Others need the time away from school work before they feel they can tackle it. If you build this in, so you and your child know they will do their work after dinner, for example, it adds to the structure of their evening as well as giving them some say in how it goes.

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Trial and error - what works for one child, may not work for another. You could have three children with completely different ways of decompressing after school. Try your best to accommodate their needs but also remember, you need to look after yourself too! Make some things non-negotiable, such as all sitting down for dinner together at your desired time.

Listen. Sometimes you just need to listen, not fix. If they come to you with a conflict, whether it be at home with a sibling, or a friend at school, it is always best to get both sides perspectives either speaking with the sibling or a teacher.

Again with the routine - keep bedtime consistent. Your child does a lot in school every day, whether they tell you about it or not. It is important they get a chance to properly rest.

Let it happen. We all need to let our feelings out sometimes. You are your child's safe space so if they need to blow, let them, just ensure they are safe whilst it happens. When they have completely calmed down, reassure them that you love them no matter what and perhaps go over some ideas for how they can try and communicate their feelings next time they feel them building up into a storm.

Try not to get caught up in the meltdown yourself. This can be hard. You are likely worn out after a busy day and your temper might be near boiling point. Take a moment to close your eyes and breathe - maybe engaging in some of the mindfulness techniques you have practised with your child.



Jarrod Bateup – Assistant Principal

Helmets:

There has been an increase in incidents where adults and students are not wearing helmets. We want to remind all our community members that it is a legal requirement for everyone to be wearing a helmet. If your child comes to school with a bike or scooter but no helmet, families will be asked to either collect the bike/scooter/rollerblades or drop a helmet at school.

Late pick up:

Lately, there have been several students in the office after school due to late parent collection. Our school grounds are supervised between 8:35 am and 3:30 pm. If your student has not been collected by 3:30 pm, or the office is notified of a late pickup, students will be sent to OSHC at the family's expense. If you are late to collect your child, please call 9748 9011 and notify office staff.

CANTEEN

If you would like to order lunch for your child, you can do this through Flexi Schools via the link www.flexischools.com.au or you can write your child's name, grade and what they would like to order on a brown paper bag with **NAME, CLASS & correct MONEY ENCLOSED**. A reminder for if you are ordering through Flexi schools to please make sure you have updated your child's year level for this year.

Icy poles and slushy's are only available at lunch time. The icy poles prices start at \$1.00 through to \$3.00. Canteen price list is available on the Cambridge website

Sushi Day



Canteen will be having a 'Sushi Day' on the 23rd of April, if you would like to place an order please follow the steps. See compass for ordering.

The cut-off date will be Monday the 22nd of April at 9am.

2024 SCHOOL PRIVACY POLICY

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [School's privacy policy](#)

For more information about privacy, see: [School's privacy policy](#) – Information for parents This information is also available in eleven community languages:

Amharic, Arabic, Chinese, Dari, Gujarati, Mandarin, Somali, Sudanese, Turkish, Urdu, and Vietnamese.

2024 STATEMENT ON INSURANCE AT SCHOOL

The Department of Education (DoE) does not provide personal accident insurance for students. Parents/guardians of students who do not have student accident insurance are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance/transport and any other transport costs. Parents/guardians can purchase insurance policies from commercial insurers. Personal property is sometimes brought to school by students, staff, and visitors.

This can include, but is not limited to mobile phones, electronic games, calculators, toys, musical instruments, sporting equipment, and cars parked on school premises. The Department of Education and Training does not hold insurance for personal property brought to schools and it has no capacity to pay for any loss or damage to such property. It is probably wise for valuable items to be left at home. For further information, please see [Legal Claims, Subpoenas, Summonses, and other Legal Documents](#)

OUR SCHOOL PARTNER



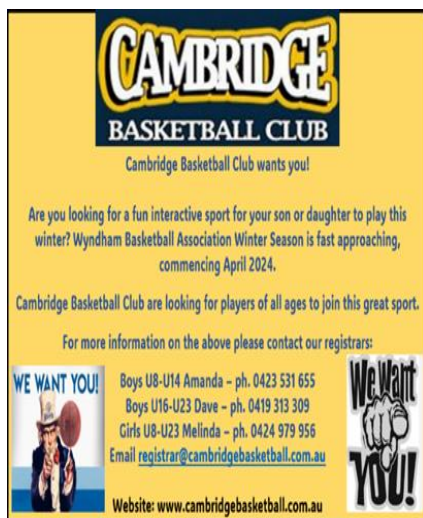
RayWhite

Looking to buy or sell your home?

Contact your local area specialist today.
Jeff Gaul
0406 270 790
jeff.gaul@raywhite.com

For every home sold through mention of the school, Cambridge Primary School will receive a generous donation.
raywhiteverribee.com

COMMUNITY NEWS



CAMBRIDGE BASKETBALL CLUB

Cambridge Basketball Club wants you!

Are you looking for a fun interactive sport for your son or daughter to play this winter? Wyndham Basketball Association Winter Season is fast approaching, commencing April 2024.

Cambridge Basketball Club are looking for players of all ages to join this great sport.

For more information on the above please contact our registrars:

WE WANT YOU! Boys U8-U14 Amanda – ph. 0423 531 655
Boys U16-U23 Dave – ph. 0419 313 309
Girls U8-U23 Melinda – ph. 0424 979 956
Email registrar@cambridgebasketball.com.au

Website: www.cambridgebasketball.com.au

We Want YOU!



CAMBRIDGE FATHERS & FATHER FIGURES BRING YOUR KIDS AND JOIN IN FOR

BANGERS & BINGO

COME ALONG TO SHARE A SAUSAGE SIZZLE, PLAY BINGO AND WIN PRIZES!

As a father or father-figure, you are really important to your kids, and they need you to be present and actively engaged in their lives.

Kids need to:

- Feel safe and secure
- Be loved unconditionally
- Spend time with you

WHO: Cambridge Dads, Father-figures & Carers

WHEN: Monday 18th of March - 3:15pm - 5:00pm

WHAT: Sausage sizzle, bingo and a talk from our special guest Rodney Eade

RSVP: Use the QR code to register to our portal by Friday the 15th of March

