

**OUR VISION**

*Growth Through Learning*

**OUR MISSION STATEMENT**

*Cambridge Primary School strives to equip and empower lifelong learners that contribute collaboratively to build a positive, inclusive, and successful school and community.*



# Cambridge Primary School

Respect-Integrity-Self resilience -Excellence.

## MESSAGE FROM THE PRINCIPAL

*Jane Budd*

We are now well into Term 1, and it has been fantastic to see our students settling into routines, engaging enthusiastically in their learning, and demonstrating our school values every day.

Our interschool sport program is off to a brilliant start, with our Year 6 students representing Cambridge Primary with respect and integrity. It's inspiring to see them consistently embody our RISE values in every interaction—well done, Year 6!

We are also excited to share that our foundation students are now attending school full-time! It's been wonderful watching them transition smoothly into their new routines, forming friendships, and approaching their learning with enthusiasm. A huge thank you to our foundation teachers and families for your support during this important milestone.

On Tuesday after school, our staff engage in Professional Learning, a valuable opportunity that strengthens our teaching practices every week. Currently, our team is actively unpacking the new curriculum, ensuring we are well-prepared to implement best practices in teaching and learning. We are truly fortunate to have such dedicated educators at Cambridge Primary, leaders in professional learning, who continually strive for growth. Their commitment sets an incredible example for our students, reinforcing that learning never stops and that working together is key to student success.

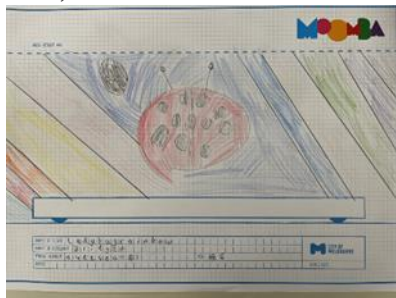
A big thank you to everyone who attended the Meet and Greet interviews! We had 557 bookings made. This was a fantastic opportunity for us to connect and collaborate to ensure the best outcomes for our students. We also held our Student Support Group (SSG) meetings, where families, students, and support agencies came together to plan for the educational, health, social, cultural, and emotional wellbeing of students with diverse learning needs. We greatly appreciate your time and dedication in supporting your children's learning.

Harmony Day (Friday 21<sup>st</sup> March) is celebrated annually and began in 1999, coinciding with the United Nations International Day for the Elimination of Racial Discrimination. The continuing message of Harmony Day is 'Everyone Belongs'. It is about community participation, inclusiveness, celebrating diversity, respect and belonging. More information will come via your classroom teachers on this day we are asking students to dress in cultural clothing or wear orange. Traditionally, orange signifies social communication and meaningful conversations. We will have a range of exciting activities that promote and celebrate our national diversity.

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Looking ahead to next week, our Year 2 students will participate in a First Aid incursion, giving them valuable skills and knowledge. Meanwhile, our Year 3 students have been enjoying a special learning opportunity—developing their chess skills with a professional coach!

What an exciting term it has been so far—we look forward to seeing more engagement, growth, and achievements in the weeks ahead

<b>IMPORTANT DATES – Term 1 2025</b>	
<b>7<sup>th</sup> March</b>	Breakfast Club
<b>10<sup>th</sup> March</b>	Public Holiday
<b>12<sup>th</sup> March</b>	NAPLAN starts
<b>20<sup>th</sup> March</b>	Family Photos
<b>21<sup>st</sup> March</b>	Harmony Day
<b>28<sup>th</sup> March</b>	Whole School Assembly 2.30 Breakfast Club
<b>4<sup>th</sup> April</b>	End of Term 1 <b>Students finish 1.45pm</b>

**CCTV AT OUR SCHOOL**

Cambridge Primary School has decided to use a closed-circuit television (CCTV) system at our school.

Our school has an obligation to ensure the school environment is safe and secure, and fulfil our duty of care to students, staff and visitors. The CCTV system will assist our school to fulfil these obligations and to prevent and manage other inappropriate behaviour on school grounds. CCTV will also provide enhanced capability to protect our school’s assets against vandalism and theft.

Cambridge PS will follow Department of Education and Training policy requirements for the design, installation, management and use of the CCTV systems. This policy is available at: <https://www2.education.vic.gov.au/pal/cctv-in-schools/policy>

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## **Curriculum News**

### **NAPLAN:**

On Wednesday, we will commence our NAPLAN testing window. Throughout this week, we have encountered some technical issues within the system due to the recent rollout of a new NAPLAN application by ACARA (Australian Curriculum, Assessment and Reporting Authority). This updated platform has presented a few unforeseen challenges. However, the practice tests conducted this week have been invaluable in identifying these issues, allowing us to implement effective solutions and contingency measures. Our goal is to ensure a seamless and stress-free assessment experience for all students.

The NAPLAN testing schedule will proceed as follows:

- Wednesday: Session 1 – Year 3 and Year 5 Writing
- Thursday: Session 1 – Year 3 Reading | Session 3 – Year 5 Reading
- Friday: Session 1 – Year 3 Language Conventions | Session 3 – Year 5 Language Conventions
- Monday: Session 1 – Year 3 Mathematics | Session 3 – Year 5 Mathematics

We kindly remind our school community of the importance of ensuring that students bring their own headphones for NAPLAN, as these are required for certain assessment components. Thank you for your support in helping us facilitate a smooth testing process.

### **Around the school:**

We have been learning about number lines. We have been doing halves, like half of 50. We were seeing where that number goes on that line. - Noah 3A

We've been preparing for NAPLAN and the practice test. In writing, we have been learning about information and persuasive text. In reading, we have been doing different topics this week. We have been looking at what the author used to make it persuasive. – Avani 3A

Today, we did a numeracy text to prepare for NAPLAN. The test was about whole numbers, place values, and other things. We also looked at number lines and where we would place numbers. – Dylan 3A

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**Supporting Reluctant Readers at Home**

Encouraging a love of reading can be challenging for some children, but small, enjoyable changes can make a big difference. Here are some practical ways to support reluctant readers at home:

**Make Reading a Daily Habit** – Set aside a regular time each day for reading, even if it's just 10–15 minutes. Consistency helps build confidence and routine.

**Let Them Choose** – Allow your child to select books that interest them, whether it's comics, graphic novels, magazines, or audiobooks. Enjoyment is key!

**Read Together** – Take turns reading, use expressive voices, and discuss the story to make reading interactive and fun.

**Find Real-World Reading Opportunities** – Encourage reading beyond books—menus, recipes, signs, and shopping lists all provide meaningful literacy experiences.

**Use Their Interests** – If your child loves sports, animals, or a particular TV show, find books related to their favourite topics to spark engagement.

**No Pressure, Just Encouragement** – Avoid correcting every mistake—praise effort, celebrate progress, and create a positive reading environment.

**Try Audiobooks** – Listening to stories can help build vocabulary and comprehension while making reading feel enjoyable and stress-free.

**Make It a Game** – Word hunts, sight word bingo, and treasure hunts with written clues can make reading feel like play instead of work.

**Be a Reading Role Model** – Let your child see you reading for enjoyment. Your enthusiasm for books can be contagious!

Every child develops at their own pace—patience, encouragement, and fun are the best tools to help them grow as readers.

**Jessica Green – Assistant Principal**

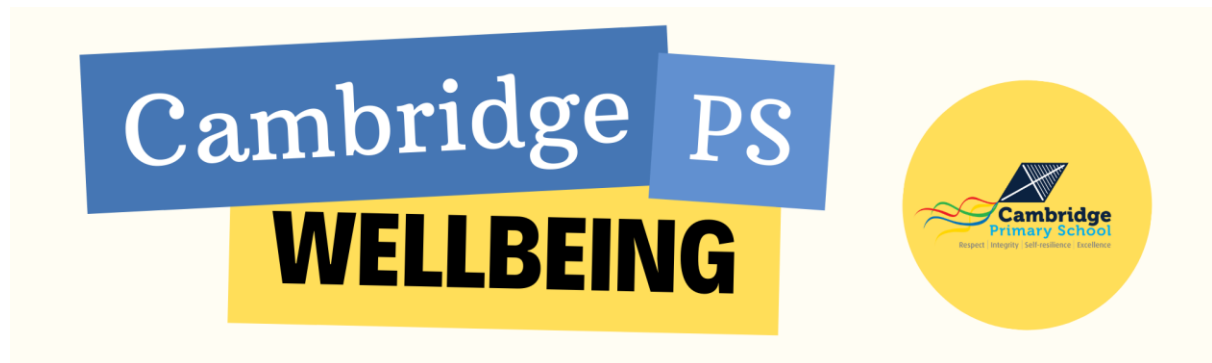
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**Wellbeing News**



Dear Cambridge Community,

This term, our focus is on Diversity & Respect—two key values that make our school a welcoming and inclusive place for everyone. When we celebrate differences and treat each other with kindness and understanding, we create a stronger, more connected community.

## Wellbeing Tip of the Month:

### Encourage Empathy & Active Listening

Take the time to listen to others' perspectives and experiences. Whether at school or home, encourage your children to ask questions, be curious, and show kindness towards different cultures, abilities, and backgrounds.

**Discussion Starter:** "What is one thing that makes you unique, and how can we respect the uniqueness of others?"

#### Community support

##### Support & Organisations

If you or someone you know needs support, here are some great organisations promoting respect, diversity, and inclusion:

- Kids Helpline – 1800 55 1800 (24/7 support for young people)
- Beyond Blue – 1300 22 4636 (Support for mental health and wellbeing)
- Multicultural Youth Advocacy Network (MYAN) – Supporting young people from diverse backgrounds.

#### Spotlight on resources

Looking for ways to support conversations about diversity and respect at home? Check out these resources:

- Books: All Are Welcome by Alexandra Penfold, The Day You Begin by Jacqueline Woodson, Whoever You Are by Mem Fox.
- Websites: [Raising Children Network](#) – Tips on fostering inclusivity and kindness in kids.
- Videos: Sesame Street: We All Belong – A great resource for young children to understand diversity and inclusion.

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# Community spotlight

At Cambridge Primary, we are proud of our diverse community. This term, we celebrate Harmony week 17th March to showcase the rich cultural backgrounds and traditions of our students and families.

How to Get Involved:

- Encourage your child to share something about their culture in class.
  - Participate in school events celebrating diversity.
  - Practice greetings in different languages at home!

## Important dates

Breakfast Club- Week 9 - 28th March

Harmony Week- 17th-19th March

We'd love to hear how your family is embracing diversity and respect this term. Feel free to share stories, artwork, or reflections with us at [cambridge.ps@education.vic.gov.au](mailto:cambridge.ps@education.vic.gov.au)

Together, let's continue to build a community where everyone feels valued, respected, and celebrated.

**Pauline DaSilva – Assistant Principal**

### **Respectful Behaviour in Our School Community**

At Cambridge Primary School, we are committed to creating a positive, safe, and respectful environment for everyone. This includes ensuring that all staff, students, and families feel valued and supported.

We would like to remind our community that all school staff have the right to feel safe at work and deserve respect from everyone in our school community. It is important that anyone visiting or interacting with our school follows the expectations set out in Respectful Behaviours within the school community policy.

<https://www.vic.gov.au/respectful-behaviours-within-school-community-policy>

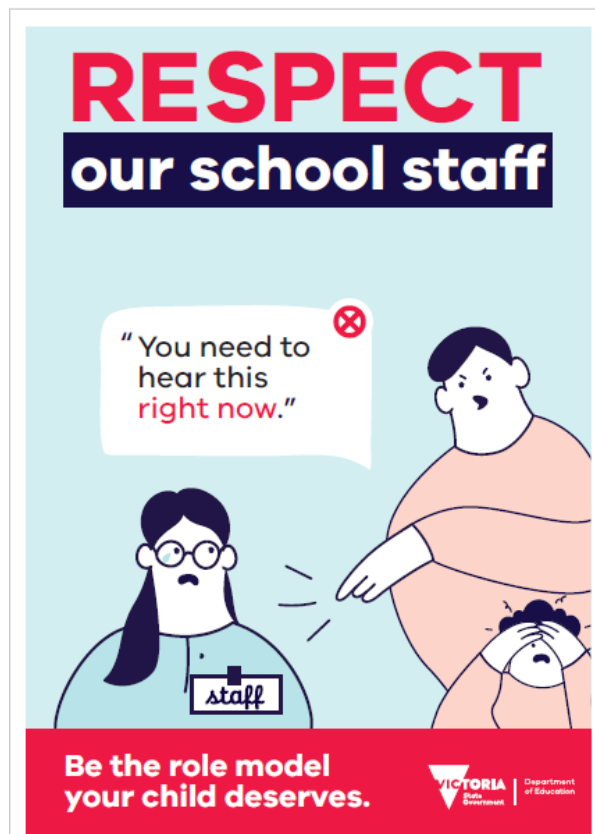
Working together with kindness and understanding helps us create the best possible learning environment for our students. Thank you for your ongoing support and respect as we continue to make our school a place where everyone feels safe and welcome.

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Fact Sheet

**HEALTHY LUNCHBOXES**



There are many foods that can be used to pack a healthy lunchbox.

**Fruit & Vegetables**

Fruit and vegetables will provide a good daily source of vitamins, minerals and dietary fibre.

All chopped fruit and vegetables can be easily packed into small containers for the lunchbox, making them quick and easy to eat.

**LUNCHBOX IDEAS:**

- cucumber, carrot and celery sticks (steam carrot and celery until tender for younger children), corn cob, snow peas, green beans, cherry tomatoes, capsicum strips.
- fresh fruit eg apple, pear, kiwi fruit, strawberries, orange, grapes and bananas
- tub of diced fruit in natural juice
- dried fruit occasionally – eg mini box of sultanas or a few dried apricots or apple rings
- salad filling in a sandwich, wrap or roll (eg lettuce, grated carrot, avocado, cucumber)



**Meat & other protein foods**

Meat and other protein foods provide protein and iron. Limit the use of sausages and processed luncheon/deli meats (eg devon and salami) as they are high in saturated fat and salt.

**LUNCHBOX IDEAS:**

- cold roast beef, lamb, pork, chicken, tuna or salmon as a filling in sandwiches, rolls and wraps or added to salad
- hardboiled egg in salad, sandwiches or for a snack
- baked beans, lentil patty
- left-over casserole, rissoles, meatballs, bolognaisse sauce, stirfry with tofu

**Dairy Food**

Dairy foods, such as milk, yoghurt, custard and cheese are an important source of protein and calcium. Reduced fat milk and dairy foods (approx. 2% fat) are suitable for most children over 2 years of age.

**LUNCHBOX IDEAS:**

- cheese slice, cheese stick or cubes of cheese as a snack with cucumber slices and cherry tomatoes
- cheese in sandwiches, rolls and wraps or on crackers or rice cakes
- yoghurt or custard (small tub or pouch)
- plain milk (small UHT poppers of plain milk are easy to add to lunchboxes)
- calcium-enriched soy alternatives (soy milk, soy yoghurt)

**Breads & Cereals**

Bread, grains and cereal foods provide important nutrients and energy for busy, growing children. Wholegrain or wholemeal varieties are the best choices.

**LUNCHBOX IDEAS:**

- sandwiches, rolls, wraps, pita bread
- fruit bread, scone, pikelets
- crackers, corn and rice cakes, breadsticks
- rice, noodles, pasta



For more information and ideas on healthy eating and physical activity go to [www.healthykids.nsw.gov.au](http://www.healthykids.nsw.gov.au)



SHPN (CPH) 180572

Fact Sheet

**HEALTHY LUNCHBOXES CONT.**



**Water**

Water is the best thirst quencher and the best choice of drink for every lunchbox. Tap water is safe so you do not need to buy bottled water.

**LUNCHBOX IDEAS:**

- freeze a water bottle overnight; it will help to keep the rest of the lunchbox cool
- pack a water bottle even if you are sending milk – the milk can be consumed at morning tea or lunchtime and the water at other times of the day when your child is thirsty



**TIP:**

Don't pack too much food or too many choices, as this may be overwhelming for a young child. You only need to provide enough food and drink for 1 snack and 1 main meal. If your child is at the service for extended hours, pack enough for 2 snacks and 1 main meal.

**Food and drinks to leave out of the lunchbox**

Snack foods and drinks that are high in added sugar, saturated fat or salt are generally low in nutrients. They also provide a lot of kilojoules that can contribute to children becoming overweight or obese. We call these 'sometimes' foods and drinks because they should only be consumed sometimes and in small amounts. Sticky, sweet foods can also cause tooth decay.

**Sticky or sweet foods:**

- lollies, chocolates, jelly cups
- cakes, doughnuts, sweet muffins
- plain sweet/cream-filled biscuits
- muesli /cereal bars
- fruit bars and fruit straps

**Salty, high fat foods:**

- potato chips
- corn chips
- cheesy balls, twists
- small oven-baked savoury biscuits
- devon and salami

**Sweetened drinks:**

- cordial and soft drink
- fruit juice
- flavoured mineral water
- fruit juice drinks
- sports drinks

It is best not to pack these 'sometimes' foods and drinks in lunchboxes. If you do occasionally put a 'sometimes' food or drink in the lunchbox, keep it to a very small portion only.

**Note about food allergies:** Some services may ask families not to pack specific foods to ensure a safe environment for children with severe food allergies. Please discuss these needs with your service staff.

For more information and ideas on healthy eating and physical activity go to [www.healthykids.nsw.gov.au](http://www.healthykids.nsw.gov.au)



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# **3-6** CROSS COUNTRY

**Parents and families are welcome to come and watch!**

**THURSDAY**  
**27 MARCH, 2025**  
**CAMBRIDGE RESERVE**  
**9 – 10:50AM**

**PLEASE NOTE:**

This event will be taking place outside the school grounds. If you do not give permission for your child to be outside of the school grounds, you need to put it in writing and give it to your child's classroom teacher.

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**PREP NEWS**

Now more than half way through first term so much has been happening for the Preps.

Students have been busy learning in all curriculum areas, including making friendships and having a lot of fun.

School photo day occurred in Week 6 and a letter has come out informing parents of the Prep Easter hat parade and family picnic.

**REMINDERS**

Just a reminder to drop your child at their classroom as the music plays and then please leave. This helps us build our self-resilience 😊

**EASTER PARADE**

The students will be singing a special song on the day, all dressed up in their Easter hats. This will be on the last day of Term 1.

**Year 2**

It has been wonderful to see the Grade 2s leap into learning by taking on challenges and working to reach their learning goals.

At our cohort assembly we celebrated our RISE award winners who have had a super start to the year. Well done!



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**Year 4**



“Well done to our recent grade three students who received RISE awards for modelling our school values”

**CANTEEN**

If you would like to place a lunch order, you can go to [www.flexischools.com.au](http://www.flexischools.com.au) and set up an account or you can write your child’s name, grade and order on a brown paper bag with correct money inside the bag.

If you order an icy pole the bag will have a stamp on the bag that says CANTEEN, your child has to bring the bag back to the canteen and I will give the item to them.

You can find an updated Canteen menu is on the website community section under canteen.

Please remind your child not to share money with other students.

On the 21<sup>st</sup> of March, the canteen will be having a Harmony Day Lunch. If you would like to order a meal, you can place it on flexi schools under Harmony Day, choose which meal you would like. Or you can place an order with correct money, circle item, write your child’s name and grade on form and return it to the canteen.

There are 3 halal options Hot dog, sushi or Spaghetti.

The butter chicken and the sushi are not Halal.

Gluten free options are butter chicken, sushi or a hot dog no roll.

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**OUR SCHOOL PARTNER**



Looking to buy or  
sell your home?

Contact your local area specialist today.

**Jeff Gaul**

0406 270 790

jeff.gaul@raywhite.com

For every home sold through mention of the school, Cambridge Primary School will receive a generous donation.

raywhitewerribee.com

## AUSTRALIA WIDE CASTING CALL

We are searching for:

**INDIGENOUS BOYS & GIRLS  
7 - 14 YEARS OLD**

For an upcoming ABC drama series

in collaboration with Werner Film Productions (*The Newsreader*)

**CAN BE BASED ANYWHERE IN AUSTRALIA**

**Must have good availability across**

**LATE JUNE - EARLY AUGUST 2025**

**THESE ARE PAID ROLES**

**NO ACTING EXPERIENCE REQUIRED**

Parents/guardians - please send an email to: [office@nathanlloyd.com.au](mailto:office@nathanlloyd.com.au) with the following information:

- NAME
- AGE
- LOCATION
- PARENT/GUARDIAN PHONE NUMBER
- 1 RECENT PHOTO OF YOURSELF



Nathan Lloyd Casting have cast such projects as:  
The InBESTigators, Little Lunch, Windcatcher, The Newsreader, Love Me,  
Wentworth, Upright, Fake and Surviving Summer.



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**dadfit**

**DADFIT**  
**FREE FIVE-WEEK PROGRAM**  
**Starts Monday Feb 24**  
**Cambridge Primary School**  
**Hoppers Crossing**

Drummond Street Services  
READY, STEADY... FAMILY

**What's Dadfit all about?**

**Being a dad is awesome, but it's also hard work.**

Dadfit is a FREE program to help you be the best dad you can be.

- Get active
- Connect with other dads
- Share experiences
- Led by a former AFL player



**What to expect in the program?**

- Dad workouts**  
Fun, full-body, suitable for all fitness levels
- Dad chats**  
Catch up about issues facing dads, including parenting, relationships, health and wellbeing
- Dad challenges**  
Dads supporting dads to try out new ideas

**What's included?**

The free program includes 5 x two-hour Dadfit sessions.

Each session includes a Workout (45 min), Dad Chat (60 min) and a Dad Challenge.

Timing: Meet weekly on Monday, 7-9pm for 5 weeks, starting Feb 24 (skip a week for public holiday 10/3)

Location: Cambridge Primary School, 29 Carruthers Dr, Hoppers Crossing

Open to all dads in the area!



**Sign up now to book your place!**

[www.dadfit.au/hoppers-crossing](http://www.dadfit.au/hoppers-crossing)

**Who leads the program?**

**Ryan Carters**  
Dadfit Founder, dad of three, fitness trainer, former pro cricketer

**Glory Sekhon**  
Dadfit Co-Facilitator, dad of one, Drummond Street worker

"A highlight of my year."  
— Jonathon, dad of three

"Adding small steps each week to being a better dad"  
— Uddika, dad of one

"I've only known these dads for two weeks and it already feels like we're old friends."  
— Ajay, dad of two

"My partner is happier since starting Dadfit, which is great for all of us."  
— Anna, mother of three



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**CAMBRIDGE BASKETBALL CLUB**

**GIRLS WINTER SEASON TRY-OUTS**

ALL AGE GROUPS  
ALL SKILL LEVELS

**SUNDAY 30TH MARCH, 2025**  
**10AM - 12PM**  
CAMBRIDGE PRIMARY SCHOOL GYM  
ENTER VIA GATE 2  
29 CARRUTHERS DRIVE  
HOPPERS CROSSING

PLAYERS NEW TO THE CLUB

BOOK IN VIA LINK

**EG ECONOMY GLASS**  
Proud Sponsor OF  
**CAMBRIDGE BASKETBALL CLUB**

**ENQUIRIES:**  
U8-U23 Girls Registrar (Mel)  
0424 979 956



**CAMBRIDGE BASKETBALL CLUB**

**BOYS WINTER SEASON TRY-OUTS**

ALL AGE GROUPS  
ALL SKILL LEVELS

**SUNDAY 30TH MARCH, 2025**  
**12.30PM - 2.30PM**  
CAMBRIDGE PRIMARY SCHOOL GYM  
ENTER VIA GATE 2  
29 CARRUTHERS DRIVE  
HOPPERS CROSSING

PLAYERS NEW TO THE CLUB

BOOK IN VIA LINK

**EG ECONOMY GLASS**  
Proud Sponsor OF  
**CAMBRIDGE BASKETBALL CLUB**

**ENQUIRIES:**  
U8-U14 Boys Registrar (Amanda)  
0423 531 655  
U16-U23 Boys Registrar (Dave)  
0419 313 309

Below is the link to the registration form

[Cambridge Basketball Club Try-outs Winter season 2025 docs.google.com](https://docs.google.com)

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*Grade 5 & 6  
Parent Information Night*

**Will be held on  
Thursday 20th March at 6pm  
in the College Gymnasium.**

The following school tour dates are available  
for Wyndham Central College in Term 1.

26th February -5pm  
5th and 26th March -5pm  
1st April -11am and 5pm

Use the following QR Codes to make your bookings-



Grade 5/6  
Information Night

School Tour  
Bookings

*Respect, Co-Operation & Excellence*