

OUR VISION
Growth Through Learning

OUR MISSION STATEMENT

Cambridge Primary School strives to equip and empower lifelong learners that contribute collaboratively to build a positive, inclusive, and successful school and community.



Cambridge Primary School

Respect-Integrity-Self resilience -Excellence.

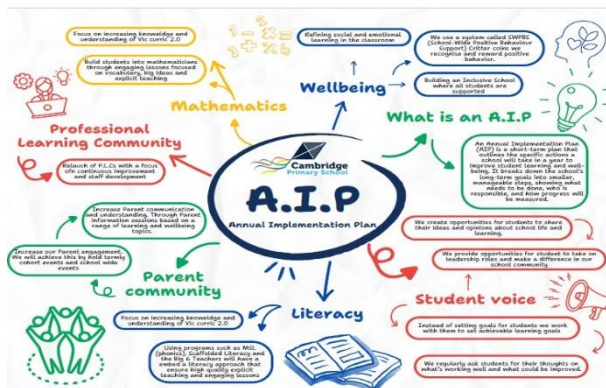
MESSAGE FROM THE PRINCIPAL

Jane Budd

It's hard to believe we're already nearly halfway through Term 3; this term is certainly flying by!

A big thank you to all our families for your continued support in ensuring students wear their full school uniform with pride. It's fantastic to see our students representing Cambridge so positively, and it truly reflects the strong sense of community and belonging we value. If your child is out of uniform for any reason, please write a note in their diary to inform their teacher. Please note that a reminder slip will be sent home if a student is not in uniform. We appreciate your ongoing support in maintaining high standards across our school.

Our teachers and leadership team have recently completed the mid-year review of our Annual Implementation Plan (AIP). This is an important time for us to reflect on the great work we've achieved so far, celebrate our progress, and plan the next steps to reach our goals for 2025. It's a valuable opportunity for our staff to come together, review what's working well, and focus on how we can continue to grow and improve student outcomes across the school.



Parent version -AIP

National Science Week 2025 theme is **Decoding the Universe – Exploring the Unknown with Nature’s Hidden Language!**

This inspiring theme invites students and teachers across Australia to dive into the mysteries of the universe by exploring the fundamental languages of nature such as mathematics and the fascinating world of quantum science. A huge thank you to Ms. Danielle and Mrs. Voigt for their enthusiasm and efforts in bringing this theme to life at Cambridge. They've organised exciting incursions for our students and have also prepared engaging home-based science tasks to extend learning beyond the classroom.

We can't wait to see the curiosity and creativity this week inspires in our young scientists!

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The 2025 Parent, Caregiver and Guardian Opinion Survey will be open from Monday 18 August to Friday 19 September 2025 will be available to complete online.

This survey is an important opportunity to share your thoughts and experiences about our school. It covers areas such as school climate, community engagement, teaching practices, student engagement and learning outcomes, and attitudes towards school attendance.

Families are randomly selected to participate, and all responses are anonymous. If you receive a link to the survey, over the coming weeks we strongly encourage you to take part. Your feedback helps us understand what we're doing well and where we can continue to improve, so we can provide the best possible learning environment for our students.

CAMBRIDGE PRIMARY SCHOOL'S 2026 PREP ENROLMENTS

We are now accepting enrolments for Prep in 2026. If you, your friends, or neighbours have a child who will be 5 years old by April 30, 2026, we encourage you to enrol at your local neighbourhood school as early as possible. Please contact our enrolments officer for more details if required. (9748 9011)

We look forward to welcoming our newest learners and their families to Cambridge Primary School in 2026!

A reminder to all families that our school day finishes at 3:15pm, and we kindly ask that all students are picked up on time. We have recently had several students not being collected promptly at the end of the day. We absolutely understand that, at times, things come up or delays happen. If you are running late, please call the school office so we can ensure your child is supported and supervised until you arrive.

Thank you for your understanding and continued support in keeping things running smoothly for our students and staff.

IMPORTANT DATES		Term 2 2025
15th August		Breakfast Club
18th August		Book Week begins
19th August		Sink or Swim Years 4 & 6
20th August		Sink or Swim Years Prep & 2
22nd August		Book Week Whole School Assembly 9.00am
29th August		Staff PPD Day Student Free Day
2nd September		Footy Day
12th September		Breakfast Club Whole School Assembly 9.00am
17th September		Carnevale Day
19th September		Last Day of Term 1.45pm Finish

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Curriculum News

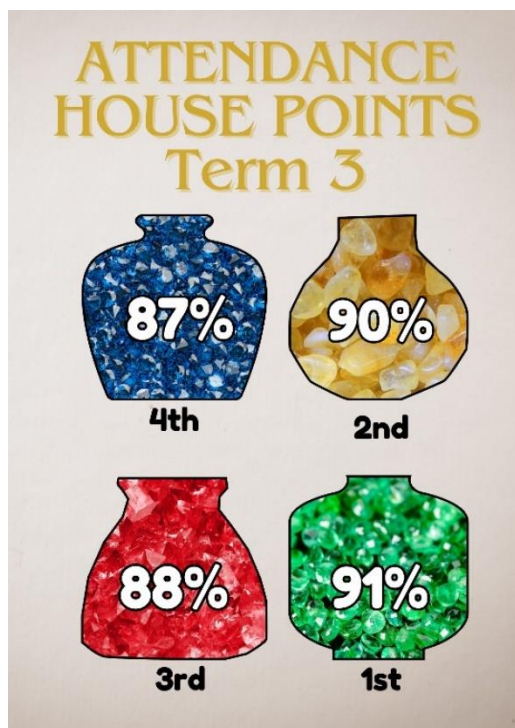
Curriculum Day SMART Spelling Program

Last Monday, 4th August, all staff participated in professional learning on the Smart Spelling program. The training aimed to promote consistent and explicit spelling instruction across all year levels. We focused on spelling because we have observed that our data has begun to plateau, and this program will equip teachers with the skills, knowledge, and confidence to teach spelling.

The instructor, Michelle, delivered engaging, explicit teaching and explained how the program can be used to teach spelling throughout the school. While many teachers are eager to trial parts of the program, full implementation across Years 3-6 is planned for 2026.

The SMART spelling program complements the phonics and MSL programs being taught in our P-2 classrooms. Our Prep and Year 1 teachers are working with our Learning Specialist to implement the Department's Phonics Plus program. This program emphasises phonics, phonemic awareness, fluency, and handwriting. Teachers have been engaging in professional learning, collaborative planning, and coaching to develop a shared understanding and consistency in instruction.

Curriculum Team



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Help your child be INCLUSIVE of all bodies and avoid weight stigma.

The role of weight stigma in shaping children’s body image

Weight stigma is the attitudes and beliefs held about others based on their body/appearance. It often presents as stereotypical attitudes, bias, or prejudice about a person’s weight, size, or shape.

Weight and body attitudes develop early and are influenced by family, friends, teachers, sport coaches and the media. In children, studies have shown that weight stigma presents as positive attitudes about individuals with thin bodies (e.g., that they are kind, clever and popular) and negative attitudes about individuals with large bodies (e.g., that they are mean, dumb, and unpopular).

The two ways weight stigma can influence body dissatisfaction:

1. It can affect how children treat others by increasing stigmatisation, victimisation and bullying, particularly of children in a large body.
2. Internalising negative weight attitudes can make children judge their own bodies more harshly. This can increase body dissatisfaction and unhelpful eating habits (e.g., restriction, binge eating), and contributes to poorer social and emotional wellbeing.

Parents play a significant role when it comes to influencing children’s weight and appearance attitudes, beliefs and values.

The good news is that encouraging and modelling inclusivity and acceptance of ALL bodies can help to reduce weight stigma, appearance teasing and exclusion, and improve body image.

The Butterfly Foundation’s mission is to prevent eating disorders and body image issues from occurring, to ensure that the best possible treatment is available, and the appropriate care and support is there for those affected.



Tips for reducing weight stigma	
Try	Avoid
<ul style="list-style-type: none"> ✓ Checking your own weight attitudes and biases. Ask yourself who and what have influenced them. ✓ Role modelling positive/neutral attitudes about different body shapes and sizes. Be inclusive and kind to people with all body shapes and sizes. ✓ Encouraging your family to celebrate and accept different body shapes, sizes and appearances. ✓ Reinforcing that being different is what makes each person special and interesting. ✓ Encouraging children to see ALL bodies as valuable and deserving respect. ✓ Having zero-tolerance to comments, teasing and bullying about weight or appearance. (Our BRAVE tip sheet has more). ✓ Discouraging ‘fat’ as a derogatory, mean or shaming term. ✓ Reminding your child their body and appearance is one aspect of who they are. They are more than a body! ✓ Learning about the Health Not Weight mindset (i.e., Healthy bodies come in different shapes and sizes.) ✓ Reminding your child bodies naturally grow, develop and change, and that’s OK. Bodies are shaped by many genetic and lifestyle factors. 	<ul style="list-style-type: none"> ✗ Using a child’s weight or BMI as the only measure of their health. ✗ Making negative comments about individuals with large bodies (e.g., they’re unhealthy, should lose weight, eat better, or do more exercise). ✗ Passing judgement about a person’s body or suggest that their size is the result of lifestyle habits (i.e., eating certain foods or not being active). ✗ Celebrating or reinforcing ideal bodies or suggest one type is better (e.g., thin/muscular). ✗ Making negative comments about your body size, shape or weight. ✗ Criticising your or others’ weight or shape in photos. Take a breath and say something kind instead. ✗ Suggesting your child’s body type is more suitable to one activity over another. Find body inclusive clubs or groups. ✗ Discussing weight stigma with children – pointing it out can reinforce weight stigma. ✗ Using words that reinforce one body size is right/wrong (e.g., underweight, overweight or obese).

Tip Sheet: Help your child be INCLUSIVE of all bodies and avoid weight stigma.



What to do if you’re worried about your child?

- If you’re worried about your child’s physical development, speak to your GP - ideally one who is not focused on weight or Body Mass Index (BMI). Because children grow and develop differently, BMI scales and charts aren’t the best way to determine how healthy your child is.
- Don’t put your child on restrictive diets. These are harmful and can increase body dissatisfaction, disordered eating and potential for eating disorders.
- Get ALL children (and the family together), regardless of shape or size, to do fun, joyful physical activity and promote positive eating behaviours.
- Read our [HAPPY](#) and [THOUGHTFUL](#) tip sheets or look in our [Concerned About a Child resources](#).

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Year 2

Former Melbourne United basketball player Adam Ballinger recently visited the Grade 2 students at Cambridge, bringing with him a wealth of experience and enthusiasm for the game. During his visit, Adam led the students through a series of fun and engaging basketball drills, focusing on developing fundamental skills such as dribbling, passing, and shooting. Beyond the court, he shared valuable lessons on turn-taking, resilience, and the importance of a positive growth mindset, encouraging students to embrace challenges and learn from mistakes. The visit was a fantastic opportunity for students to be inspired by a professional athlete and to build both their physical and personal development skills.

GO MELBOURNE UNITED



Year 6

Class 6C is taking part in the exciting **Astrosprouts** program, a national initiative by Swinburne University of Technology, One Giant Leap Australia, and KPMG that brings real space science into classrooms. Students will grow and compare red or white clover seeds that have travelled aboard the International Space Station with seeds kept on Earth, investigating how microgravity affects germination and growth. Alongside hands-on experiments, they'll explore space science concepts, record and analyse their results, and present their findings in a national poster competition during World Space Week. This program builds on Australia's history of sending plant seeds into space and gives students a unique chance to contribute to real scientific research while developing teamwork curiosity, and STEM skills.



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CANTEEN

Footy Day Lunch will be held on Tuesday 2nd September, the notes for this will be handed out later this week.

Orders can be placed through www.flexischools.com web site or hand the note back with correct money and tick what meal your child requires. If your child requires a Halal meal, please circle the halal option at the top of the note.



OUR SCHOOL PARTNER



Looking to buy or
sell your home?

Contact your local area specialist today.

Jeff Gaul
0406 270 790
jeff.gaul@raywhite.com


For every home sold through mention of the school, Cambridge Primary School will receive a generous donation.

raywhitewerribee.com


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dadfit




DADFIT
FREE FIVE-WEEK PROGRAM
Hoppers Crossing
Monday August 4, 2025

What's Dadfit all about?

Being a dad is awesome, but it's also hard work.

Dadfit is a FREE program to help you be the best dad you can be:

- Get active
- Connect with other dads
- Share experiences
- Led by a former BBL cricketer



What to expect in the program?

- Dad workouts**
Fun, full-body, suitable for all fitness levels
- Dad chats**
Catch up about issues facing dads, including parenting, relationships, health and wellbeing
- Dad challenges**
Dads supporting dads to try out new ideas

What's included?


The free program includes 5 x two-hour Dadfit sessions for dads with young children.

Each session includes a Workout (45 min), Dad Chat (60 min) and a Dad Challenge.

Timing: **Meet weekly, Mondays 7-9pm for five weeks, starting Aug 4, 2025**


Location: Cambridge Primary School
29 Carruthers Drive, Hoppers Crossing

Sign up now to book your place!



www.dadfit.au/HoppersCrossing

Who delivers the program?



Andy Bell
Dadfit Facilitator
Extraordinary. Dad of Malloy and Otis

"A highlight of my year!"
— Jonathan, dad of three

"Adding small steps each week to being a better dad"
— Nathan, dad of one

"I've only known these dads for two weeks and it already feels like we're old friends."
— Ajay, dad of two

"My partner is happier since starting Dadfit, which is great for all of us."
— Anna, mother of three



**WESTSIDE
MAGIC
BASKETBALL CLUB**

**NOW RECRUITING
ALL AGES!**

Join the newest club in the Wyndham area! We're looking for passionate boys and girls to join our teams across all junior divisions.

U8 Boys & Girls	U10 Boys & Girls
U12 Boys & Girls	U18 Boys & Girls
U14 Boys & Girls	U20 Boys & Girls
U16 Boys & Girls	U23 Boys & Girls

All Skill Levels Welcome ★ Fun, Team-Focused

Email: westsidebasketball@gmail.com



2026, YEAR 7 INFORMATION SESSIONS

Building
Bright Futures



**WALCOM NGARRWA
SECONDARY COLLEGE**

Belonging
Curiosity
Achievement

Healthy, Happy and Curious students and staff who bring our vision and values to life!

**REGISTRATIONS
NOW OPEN**



KEY FEATURES

- Meet our Principal and Transitions teams
- Hear from current students and parents
- Meet and greet with other, 2026 year 7 families and students
- Obtain key Walcom Ngarrwa information

CONTACT US

☎ 03 8000 6688 🌐 <https://www.wnsc.vic.edu.au/> ✉ Walcom.Ngarrwa.SC@education.vic.gov.au