

OUR VISION

Growth Through Learning

OUR MISSION STATEMENT

Cambridge Primary School strives to equip and empower lifelong learners that contribute collaboratively to build a positive, inclusive, and successful school and community.



Cambridge Primary School

Respect-Integrity-Self resilience -Excellence.

MESSAGE FROM THE PRINCIPAL

I can hardly believe we are already nearing the end of the 2025 school year. I am incredibly proud of everything we have achieved together and the wonderful growth we have seen across our school community. It has been an exciting, busy and rewarding year, and I look forward to finishing the term on a positive note. A reminder that full school uniform including black runners is required right up until the last day of school.

Our Year 6 students recently took part in a secondary school transition session, giving them a taste of what to expect next year. Graduation practice is also well underway, and the excitement is building as we prepare to celebrate their final weeks of primary school.

Our Prep Transition Program ran smoothly, and it has been wonderful to welcome our 2026 Prep students into the Cambridge community. Over the past sessions, the children have enjoyed exploring their new learning spaces, meeting our teachers, and beginning to build connections with their new community. These sessions are designed to help our youngest learners feel comfortable, confident, and excited about starting school next year. I have been so impressed with how quickly they have settled into each activity and how eager they are to participate. A very big thank you to Karen Cole for her exceptional organisation and coordination of our Prep Transition sessions. Her hard work ensures that our newest learners and their families have a positive and welcoming introduction to school life. Thank you to our families for supporting this important transition together, we are helping to ensure a positive and successful start to their school journey.

Our Year 5 students have recently begun the exciting process of applying for student leadership roles for 2026. Over the past week, students delivered speeches to their peers and teachers, showcasing their strengths, values, and aspirations as future leaders of Cambridge Primary School. The next stage of the process will involve shortlisted students participating in interviews with Mrs Da Silva, Ms Cole, our current school captains and myself. We look forward to announcing our 2026 student leaders at the final assembly of the year on Monday, December 15th, where successful applicants will be presented with their leadership badges.

What an incredible event our Colour Fun Run was! A huge thank you to our families who attended, supported, or volunteered. Our students had an amazing time, and the sense of community spirit was wonderful to see. We have raised \$10,000.00 approx. and this will go towards painting and carpeting another classroom.

Next week, our teachers will be participating in dedicated planning days in preparation for the 2026 school year. These days are an important opportunity for staff to work collaboratively, review student data, refine curriculum plans, and ensure we continue to provide high-quality teaching and learning across all year levels.

Respect – Integrity – Self Resilience – Excellence Respect – Integrity – Self Resilience Excellence

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Our Ninja circuit is coming along nicely. Fingers crossed the weather is nice to us so this can be completed prior to the end of 2025. Our students are exciting to be able to see their requests come to life.



As we move towards the end of term 4, thank you for your continued support and involvement in school life. We are proud of our students' achievements and the wonderful community that makes Cambridge such a special place to learn and grow.

CAMBRIDGE PRIMARY SCHOOL'S 2026 PREP ENROLMENTS

We are now accepting enrolments for Prep in 2026. If you, your friends, or neighbours have a child who will be 5 years old by April 30, 2026, we encourage you to enrol at your local neighbourhood school as early as possible. Please contact our enrolments officer for more details if required. (9748.9011)

We look forward to welcoming our newest learners and their families to Cambridge Primary School in 2026!

If you know your child/ren are not going to be at Cambridge in 2026, please let the office staff know as soon as possible so that all paperwork can be completed and our student numbers can be as accurate as possible for the coming year.

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2026 Curriculum Days & End of Term Times

All last day of terms will conclude at 1.45pm	
Term 1	Tuesday 27 th January Wednesday 28 th January - Students in Year 1-6 return Thursday 29 th January - Students in Prep return Finishes Thursday 2 nd April
Term 2	Starts Monday 20 th April Friday 5 th June Curriculum Day Finishes Friday 26 th June
Term 3	Starts Monday 13 th July Friday 4 th September Curriculum Day Finishes Friday 18 th September
Term 4	Starts Monday 5 th October Monday 2 nd November Curriculum Day Finishes Friday 18 th December

IMPORTANT DATES		Term 4 2025
2nd December		Year 6 Adventure Park Excursion
5th December		Year 4 Village Cinemas Excursion
8th December		Year 2 Village Cinemas Excursion
9th December		Statewide Transition 2026 Prep Transition 9.00am – 12.00pm
11th December		Year 6 Graduation Time: 6pm Location: Equip Church International
15th December		Whole School Christmas Assembly 9.00am
19th December		Last Day Students finish 1.45pm

LAST OPPORTUNITY TO ORDER - Grade 6 2026 Bomber Jackets

Orders for the 2026 Grade 6 Bomber Jackets will be re-opened for the final time.

Key information:

- **Final day to order:** Saturday 29th November @ Noone Image wear, our uniform supplier
- This is the last opportunity to purchase a 2026 Grade 6 Bomber Jacket
- No further orders will be accepted after this date
- Orders must close so jackets can be delivered early next year

Thank you for your support.

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Curriculum News

As we conclude another fantastic school year, we'd like to share highlights from our learning programs, celebrate student achievements, and outline important information for the upcoming year. Thank you for your ongoing support and partnership—our school community truly thrives because of you!

It has been another busy year at Cambridge. I've listed some highlights below.

- Year 4 and 6 Camp
- NAPLAN
- Book Week
- Cross Country
- Interschool Sport
- Science Week Incursions
- Harmony Day
- Swimming program
- Athletics
- Student Leadership Conference
- Mini Olympics
- Carnevale Day
- Art Expo
- Chess
- Robotics
- Excursions- Animal Land, Sovereign Hill, Werribee Zoo, Werribee Mansion, Movies
- Graduation (coming soon)

Next week is planning week, and teachers will meet in their new teams to begin planning for 2026. On Tuesday, 9th December, students will meet their 2026 classroom teacher in their new room during sessions 2 and 3.

Reports will be available via Compass on Wednesday, 10th December. If you have any questions about your child's report, contact the classroom teacher. There are no scheduled parent-teacher interviews in term 4.

Karen Cole and Laura Hutchins

Curriculum Team

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Wellbeing News

Critter Coin Focus: Self-Resilience

This term's Critter Coin focus is Self-Resilience, symbolised by the Sprouting Seed. Like a seed pushing through the soil, our students are learning to keep trying, adapt, and bounce back when things get tough.

This Week's Challenge:

Students aim to earn 300 Critter Coins together to unlock a lunchtime sports activity on the last week!

Please encourage children to talk about moments where they showed persistence, problem-solving, or bravery.

Focus Topic: The Power of Sleep

A good night's sleep is one of the most important ingredients for a successful day at school. Sleep supports concentration, memory, problem-solving, emotional regulation, and overall behaviour. Most primary-aged children need between 9–11 hours of sleep each night to feel rested and ready for learning.

Small changes can make a big difference. Try keeping a consistent bedtime, turning off screens at least one hour before bed, and creating a calm wind-down routine with quiet activities like reading or gentle music. A well-rested child comes to school more focused, more resilient, and more confident.

Helpful Resource for Families:

Raising Children Network – Sleep and School-Age Children

<https://raisingchildren.net.au/school-age/sleep>

Quick Tip for Home: The “Wind-Down Window”

Set aside 15–30 minutes before bedtime for calm, screen-free activities. This signals to your child's brain that it's time to slow down, making it easier to fall asleep and stay asleep.

Thank you for your continued partnership in supporting student wellbeing. Together, we can help every child feel ready, safe, and able to learn each day.

For parents and carers (primary)

Support to keep your children safe online

This guide provides tips and resources for parents, carers and families to support children to be safe when using social media.

Primary school aged children and social media

Parents and carers play a key role in guiding their children as they navigate the online world and begin to learn through exploration, play and social interaction.

Parents and carers can prepare their primary school aged child to be safe on social media even if they don't use it yet. You can do this by building good online habits and staying informed about online safety.

You can learn more how to help your child begin their online journey on the [eSafety Commissioner's website](#).

You can also learn about the range of social media, games, apps and sites in the [eSafety Guide](#), including what all the apps are, their minimum age requirements, how to protect personal information and how to report content within the apps themselves.

Supporting positive and safe online experiences for your child

There are a range of resources available to support you to support your child to have a safe experience online.

- The [eSafety Commissioner's website](#) provides:
 - [eSafety parents page](#) including: information [on how to have hard conversations about tricky topics](#) like cyberbullying or seeing pornography.
 - [webinars](#) to give parents/carers the knowledge, skills and tools to support safe online experiences including supporting primary schools children to understand consent and online boundaries and how to support your child with online gaming.
 - [family friendly videos and advice sheets in multiple languages](#) to support your family stay safe online, getting started with social media, safer online gaming and getting help when your child is bullied online.
 - [eSafetykids](#) page with child friendly information you can share with your child including what to do when someone is being mean online, being safe online, sharing photos and personal information online.
- [Bully Stoppers](#) provides dedicated resources on [cybersafety and cyberbullying](#) for primary aged students and a dedicated resource page for [parents](#). You can also access [cyberbullying advice sheets](#) for concerned adults through Bully Stoppers.
- [Alannah and Madeline Foundation](#) provides [DigiTalk](#), an online safety hub for parents. It includes resources on topics such as becoming a screen smart family, navigating online bullying, and choosing, protecting and engaging with games for children.
- [Raising Children Network](#) provides resources for parents of primary school children on topics like healthy screen time, digital family life, digital play and learning and online safety.



Signs a child or young person might need support

A child's online activity might have a negative impact on them if they don't also have a healthy balance of offline activities. Sometimes, your child might show signs that they are having negative online experiences or that they are being bullied.

Your child may not tell you if an online 'friendship' or situation has become compromising or difficult. They may feel embarrassed or ashamed, or afraid it might make things worse.

Be alert to changes in your child's behaviour or mood. Watch for signs of withdrawal, anxiety, sadness or changed interactions with family or friends.

Signs can include:

- less interest in social activities like meeting friends or playing sport
- not doing so well at school
- tiredness, sleep disturbance, headaches, eye strain
- changes in eating patterns
- reduced personal hygiene
- obsession with particular websites or games
- extreme anger when being asked to take a break from online activity
- appearing anxious or irritable when away from the computer
- becoming withdrawn from friends and family

You can learn more about warning signs of bullying on [Bully Stoppers](#) and [warning signs of grooming](#) on the eSafety Commissioner's website.

What to do if your child experiences something unsafe online

There are many ways that parents can raise a concern or get help if there is an incident.

- You can talk to your child's school about any concerns you might have or if something has happened. Schools have policies and processes that can help. They can also work with you to make sure that your child gets extra support if they need it. Contact your child's teacher or the school's wellbeing team to start. Read more about talking to your school on [Bully Stoppers](#).

- If your child has been involved in an online incident it is important that you work together with your school to provide your child with the support they need. Learn how to help your child after an online incident on the [eSafety Commissioner's website](#).
- You can contact the eSafety commissioner for advice and to [report abuse](#). The eSafety reporting system helps parents of children who experience serious cyberbullying and image-based abuse by working with platforms to have the content removed.
- If someone is contacting your child and this contact is unwanted or makes them feel uncomfortable, there are things you can do to help. Read more about child grooming and unwanted contact and what to do on [the eSafety Commissioner's website](#).
- The Alannah and Madeline Foundation provides advice on [what to do in instances of image-based abuse](#) online and through Artificial Intelligence (AI).

Where to reach out to for more support for your child

- Contact 000 for urgent assistance
- Talk to your child's school
- Contact [the eSafety Commissioner](#) for advice or to report online abuse
- Visit your local GP if you want to talk about mental health support
- Kids Helpline: 1800 551 800 [kidshelpline.com.au](#)
- [Parentline](#) provides a confidential telephone counselling for parents and those who care for children. This including advice on internet use, and online bullying and safety.
- Lifeline: 13 11 14 [lifeline.org.au](#)
- Beyond Blue: 1300 224 636 [beyondblue.org.au](#)



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Allied Health bookings

If your child receives Allied health Services at school are advised that it is the responsibility of the parent/ guardian to cancel appointments if your child is not at school.



D.O.T.S.
Occupational Therapy
For Children

**at Cambridge
Primary School**

We have a number of spots available for Occupational Therapy support based out of Cambridge Primary school.

- Funding options include
 - **NDIS funding** (Self managed, plan managed and NDIA managed)
 - **Medicare** - CDMP plan, Better Access to Mental Health Care Plan (subject to therapist allocation to the school)
 - **Privately paying**

Our OT's can support goals around:

- School readiness
- Neuroaffirming social skills
- Fine motor skills
- Attention and learning
- Gross motor skills
- Visual perceptual skills
- Sensory processing
- Emotional regulation

Get In Touch

Please complete this waitlist form using the QR code and we will be touch.



Call: (03) 8256 2484
Email: hello@dotschildot.com.au



Managing End of year tiredness & Anxiety

As we approach the end of the school year, it's very normal for children to feel a mix of emotions. Excitement, tiredness, worry about change, and general end-of-year fatigue can all show up in different ways. Families might notice children becoming more emotional, less tolerant, or more anxious about the unknowns ahead.

- YOU CAN SUPPORT YOUR CHILD'S WELLBEING BY:
- KEEPING ROUTINES CONSISTENT (BEDTIMES AND MORNING ROUTINES HELP CHILDREN FEEL SECURE)
- TALKING OPENLY ABOUT UPCOMING CHANGES AND REASSURING THEM OF THE SUPPORT THEY'LL HAVE
- CELEBRATING THEIR ACHIEVEMENTS BIG AND SMALL, TO HELP BUILD CONFIDENCE
- ENCOURAGING DOWNTIME AND PLAY TO HELP THEM RESET BETWEEN BUSY EVENTS
- REMINDING THEM IT'S OKAY TO FEEL A RANGE OF EMOTIONS AS THE YEAR WRAPS UP

Our staff are here to support students through this busy time. If you have concerns about your child's wellbeing, please reach out.

Together, we can help students finish the year feeling safe, supported, and proud of how far they've come.

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Have you heard about the upcoming social media ban for under 16s?

What is the social media ban?

The Australian Government passed a new law called the Online Safety Amendment (Social Media Minimum Age) Bill 2024 on 28 November 2024. This law introduces a mandatory minimum age of 16 for accounts on certain social media platforms. It will take effect by December 2025, and parents cannot give their consent to let under-16s use these platforms.

Why is the social media ban happening?

The Government says the social media ban is needed to protect the mental health and wellbeing of Australian children and teens. They believe the risks of social media, such as cyberbullying, harmful content, and online predators, outweigh the positives.

Social media to be banned for teens under-16

BANNED

- Facebook
- YouTube
- Instagram
- TikTok
- Reddit
- X
- Snapchat
- Threads
- Kick

EXEMPT

- Roblox
- Discord
- WhatsApp
- Messenger
- GitHub
- Google Classroom
- LEGO Play
- Skoon / Steam Chat
- YouTube Kids

LIKELY EXEMPT

- LinkedIn
- Quora

UNCLEAR

- Tieba
- Viber
- imo
- Twitch
- WeChat
- Line
- Teams
- Telegram
- Picart
- Tumblr
- Signal
- Kuaishou
- Weibo
- JOSH
- Likee
- Pinterest
- Ozone
- QQ
- Xiaohongshu (RedBook)

The ban will take effect across Australia from 10 December.

*Social media platforms with more than 100 million active users or named by the eSafety commissioner

Wellbeing Team

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Year 3

Congratulation to Nivan, Blu F, Eli, Tytan, Darshi, Parnam, Zahra, Nathan, Keara, Alexis, Fatima, Aarza and Devlen on winning Grade 3 RISE awards and Specialist awards for this term. Thank you for showing our RISE values and being a role model to your classmates.

Year 5

Dear Parents and Guardians,

As part of our Humanities Inquiry Project, Grade 5 students have been exploring how creativity and innovation can be used to design products, services, or environments that meet community needs. Drawing on their prior knowledge, skills, and research, students are working in teams to design their own creations — from repurposed clothing items and community solutions to handmade crafts, art, and food ideas.

To celebrate their learning, students will be taking part in a Design and Market Day (Cambridge _bay or CBAY) in Week 8 of this term. During this event, they will have the opportunity to sell their products or services to the school community.

Details for Families:

- Students from across the school are welcome to visit and make purchases.
- Students are able to bring up to \$10 if they wish to buy items on the day.
- Some students may offer hand-painting activities, so please ensure your child is aware of any allergies or sensitivities before participating.

This project encourages our young learners to think like entrepreneurs, designers, and problem-solvers — applying their economics and business understanding in a fun, hands-on way.

We look forward to sharing their wonderful creations with the school community!

Warm regards, The Grade 5 Teaching Team

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CANTEEN

Toasty Cheese Day

Toasty Cheese Day is on the 1st of December, you can place your order **via flexi schools or bring correct money and form**, back to the canteen.

All orders must be in on the **28th of November**

If you would like to place a lunch order, you can go to www.flexischools.com.au and set up an account or you can write your child's name, grade and order on a brown paper bag with correct money inside the bag.

If you order an icy pole the bag will have a stamp on the bag that says CANTEEN, your child must bring the bag back to the canteen and I will give the item to them.

You can find an updated Canteen menu and price list on the website community section under canteen.

If you pick up your child early from school and they have a lunch order, please make sure that you get the lunch order before you leave the school grounds.

OUR SCHOOL PARTNER



RayWhite

Looking to buy or sell your home?

Contact your local area specialist today.
Jeff Gaul
0406 270 790
jeff.gaul@raywhite.com

For every home sold through mention of the school, Cambridge Primary School will receive a generous donation.

raywhitewerribee.com

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Cans For a Cause

Monday 17th of November to Friday 28th November

Wyndham Rotary is collecting ring top cans of food to support the Salvation Army feed the homeless in Wyndham over the Christmas period.

We need your help.

You bring the cans, and we will collect, sort and deliver.

More information.....contact Julie Mason

julie.mason@wyndhamrotary.org Mobile 0406196630



North Melbourne Football Club will be hosting their Community Camp at Truganina Football Club on the 2nd of December 5:00pm - 6:00pm.

To register your interest, please click the [register](#) or click on the flyer above. Once registered we will send you further information closer to the date for any information.

There will be Autograph and Photos available on the day.

If there are any questions please contact marlon.carub@afl.com.au.

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TEAM KIDS NEWSLETTER

THE WEEK THAT WAS....

We are almost at the end of the year, and our festive cheer is in full swing.
This week we have set up our Christmas tree preparing for our elves to arrive!

We celebrated National Children's Day, as well as Fairy Bread day which was a huge success! We sprinkled lots of fun and magic throughout our rooms and even enjoyed a treat of making our own fairy bread.

We are looking forward to the rest of the year, as well as our Christmas Vacation Care which will begin 5th Jan, 2026 and we can't wait to see you there!



REGISTER AND JOIN THE FUN!

If you are looking to register your child to attend Before School Care, After School Care, or Vacation Care, please make an account on the Team Kids portal, or call customer service. We are located in the 2 portables near the Big Gym and Gate 1 and are happy to help!

IMPORTANT DETAILS

Before School Care: 6.45am-8.45am
After School Care: 3.15pm-6.45pm
Vacation Care: 7.00am-6.45pm

Service Phone: 0434940074.
Service Email: cambridgeps@teamkids.com.au
Customer Service: 1300 035 000

UPCOMING

2026 BOOKINGS ARE NOW OPEN!

VACATION CARE PROGRAM WILL BE COMING OUT SHORTLY.

Don't forget! Santa will be arriving before we know it, and Team Kids might be having a visit from some Elves!

